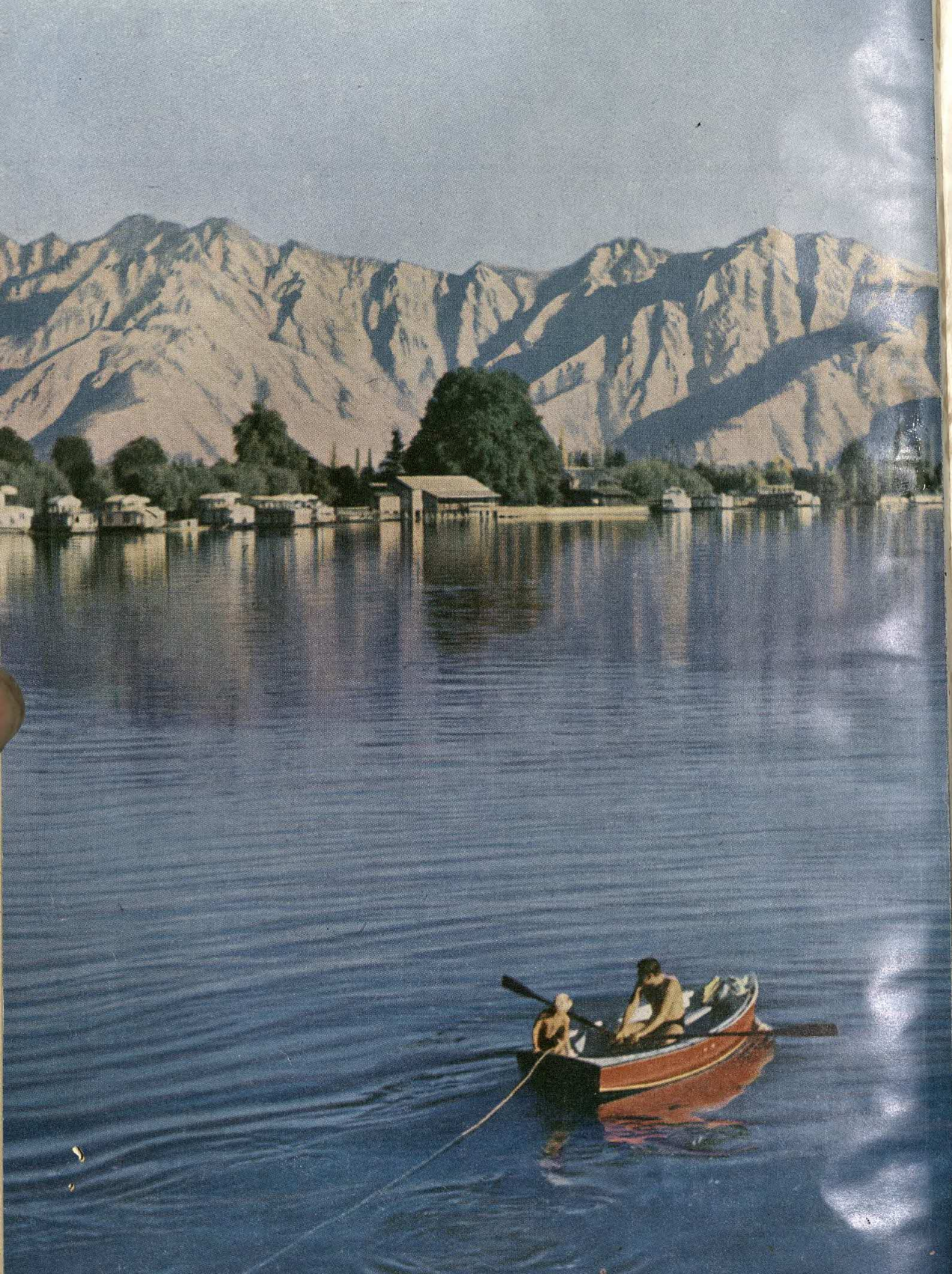


# Kashmir

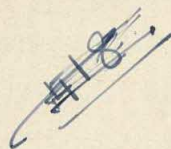






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# Kashmir



सत्यमेव जयते

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## THE CHARM OF KASHMIR

*Like some supremely beautiful woman, whose beauty is almost impersonal and above human desire, such was Kashmir in all its feminine beauty of river and valley and lake and graceful trees. And then another aspect of this magic beauty would come to view, a masculine one, of hard mountains and precipices, and snow-capped peaks and glaciers, and cruel and fierce torrents rushing down to the valleys below. It had a hundred faces and innumerable aspects, everchanging, sometimes smiling, sometimes sad and full of sorrow. The mist would creep up from the Dal Lake and, like a transparent veil, give glimpses of what was behind. The clouds would throw out their arms to embrace a mountain-top, or creep down stealthily like children at play. I watched this everchanging spectacle, and sometimes the sheer loveliness of it was overpowering and I felt almost faint. As I gazed at it, it seemed to me dreamlike and unreal, like the hopes and desires that fill us and so seldom find fulfilment. It was like the face of the beloved that one sees in a dream and that fades away on awakening.*

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*Twelve days in Kashmir, twelve days after three-and-twenty years. Yet one vital moment is worth more than years of stagnation and vegetation, and to spend twelve days in Kashmir was good fortune indeed. But Kashmir calls back, its pull is stronger than ever, it whispers its fairy magic to the ears, and its memory disturbs the mind. How can they who had fallen under its spell release themselves from this enchantment?*

—JAWAHARLAL NEHRU



## THE LAND

Nestling in the north-western Himalayan ranges of the Indian Union of which it forms part, the Jammu and Kashmir State is a region of varied aspect and climate. Covering an area of 86,024 square miles, it contains picturesque valleys, placid lakes, shimmering glaciers and fertile plains. From the tropical heat of Jammu to the arctic cold of the glaciers in the north, it offers practically every type of climate. On the north, east and west, it is walled in by high mountain ranges that rise to the lofty peaks of K<sub>2</sub> and Nanga Parbat. On the south, it slopes down to the plains of the Punjab from where it is easily accessible by road and air. It has three well-marked geographical and administrative regions—Jammu, Kashmir and Ladakh.

The Province of Jammu begins from the northernmost extremity of the plains of the Punjab, to which it bears a climatic and physical resemblance. It then rises to a succession of low hills ranging in height from 2,000 to 4,000 feet above sea level and thence higher still to the region of the "middle mountains", so called because it comes between the outer hills and the lofty mountain ranges on the north. The elevation of this tract ranges from 4,000 to 12,000 feet above sea level. Some of its valleys, Bhadrewah and Kishtwar for instance, are superbly beautiful. The entire tract is thickly covered with rich forests of silver fir, deodar, spruce, oak and pine.

Looking at a map of the State, one sees a white footprint set in a mass of black mountains. This is the celebrated Valley of Kashmir. With an average height of 6,000 feet above sea level, the Valley is remarkable for its size, being 84 miles long and 20-25 miles wide.

The mountains which surround the Kashmir Valley are infinitely varied in form and colour. To the north lies a veritable



sea of mountains that breaks into white-crested waves and hastens away in wild confusion to the great promontory of Nanga Parbat (26,656 feet). To the east stands Haramukh (16,903 feet), and a little to its south is Mahadeo which seems almost to look down upon Srinagar. Further south still is the lofty range of Gwashbrari (17,800 feet) and the peak of Amarnath (17,321 feet). On the south-west is the Panjal range with peaks of 15,000 feet ; and in the north-west corner rises the Kajinag (12,125 feet).

Hidden behind the spurs of mountains, are a number of little park-like valleys with foaming mountain streams and wooded knolls. They offer welcome refuge from the sultry heat of summer. The Lidder, Lolab, and Sindh valleys are already well known, but recently, with the building of metalled roads, several more have been opened up.

High up among the wooded hills are beautiful *margs* or meadows, rich with sweet grasses and wild flowers and frequented by shepherds and their flocks. Gulmarg with its famous golf course, wooded knolls and rippling brooks has been rightly named the "Queen of India's Hill Stations". Mohandmarg, Khillanmarg and Yusmarg are also attracting ever larger number of tourists every year. Often in close relation to glaciers, are numerous lakes and tarns. Of these, the three most beautiful are Konsarnag, Sheshnag, and Gangabal.

The Dal is a world unto itself. On its shores and pretty islands are the palaces of the rich and the cottages of the poor. It encompasses rice fields and fruit orchards, magnificent Mughal gardens, extensive sheets of lotus and lily and the long thick rush grass that hides the nests of various water-birds. The swiftly darting fish of its limpid waters, the floating gardens that grow melons, cucumbers and other vegetables, the tall poplars and the shady willows and chenars that line its waterways, the rich variety of its aquatic plants are some of its varied attractions.

The Wular with an area which in summer extends almost to 100 square miles, is the largest fresh water lake in India. It is a



source of food supply, for it produces huge quantities of fish and *singhara* nuts. It is also the haunt of the water fowl, the goose and the swan, and is popular for small-game shooting.

No description of the Valley is complete without mention of its useful river, the Jhelum, which, rising at Verinag in the south and traversing the entire length of the Valley, escapes at Baramula as a roaring, foaming torrent. The Jhelum, known in the Valley as Vitasta, is its very life, supplying water to its fields, and with its numerous canals and tributaries serving as a cheap means of communication through flat-bottomed boats ranging from the tiny *shikara* to a huge *bahats* (cargo boat).

Though formerly of greater proportions, the glaciers of Kashmir are still numerous and of immense size and include the second largest in the world. Round about the Valley, are the Kolahoi, Sonemarg, Haramukh and Tattakoti. Farther away to the north are the famous glaciers of Baltoro, Hispar and Siachen.

All over the Valley are springs swarming with Himalayan trout and associated with the old snake worship which gives them sanctity. The springs are useful for irrigation and are sometimes the sole source of water. Perhaps the most beautiful of all the springs is Achhabal, which gushes out of a mountain spur. Verinag at the foot of the Banihal pass, is another spring of great beauty, with crystal clear waters that issue from the bottom of a high scarp of a mountain spur. Anantnag, the "place of countless springs," sends out a number of streams. One of these, Malaknag, is sulphurous and its water is highly prized as a cure for eczema and other skin diseases. The waters of Kokarnag, nine miles from Achhabal, are considered highly digestive and many patients suffering from chronic dyspepsia have benefited from its continuous use. Chashma Shahi above the Dal Lake, is also prized for its cool mineral waters.

Waters of these springs were canalised and gardens laid out there by the Mughals who were great lovers of art. To them we owe the famous Shalimar, Achhabal and Verinag gardens. Their courtiers and relatives followed their example and it is said that



during the Mughal period there were seven hundred gardens round the Dal alone.

The Nishat or the "Garden of Breezes" is perhaps the most beautiful of all the Mughal gardens in Kashmir. Laid out on the edge of a hill, it rises gently in ten terraces from the eastern shore of the Dal, and commands a superb view of the Lake. A water channel with its scheme of cascades, fountains and tanks cuts the garden into two and with its stately chenars, tall cypresses, spacious lawns and multi-coloured flowers, the Nishat presents a picture of fairyland.

About two miles to the north is the Shalimar, overshadowed by the majestic peaks of Mahadeo. Shalimar is essentially a garden of peace and repose. It has a large number of shady chenars, tall cypresses, tanks, cascades and fountains.

If Shalimar is the "Garden of the Harem", Nasim on the opposite shore of the Dal is open and inviting, with its refreshing shade of stately chenars. It is like an English park and makes an ideal camping site.

Recently a number of parks have been laid out in and around Srinagar, the most popular being the Nehru Park at the foot of the Shankaracharya Hill. With its romantic setting the park is particularly attractive in the evenings when with myriads of twinkling lights the Boulevard and the hill present a fascinating sight.

### **Towns and Villages**

Shaded by the unrivalled chenar, by walnut, apple and apricot and watered by clear sparkling streams, the Kashmiri village is rich in natural beauty.

It is usually large but there is no overcrowding, for each cottage stands in its own compound. Built of unburnt bricks and the timber of cedar, pine and fir, a cottage has a thatched sloping roof to throw off the snow. Firewood and grass are stored in the loft.

In Jammu the villages are widely separated from one another and are not unlike those of the Punjab. In Ladakh village huts



of similar type lie scattered at still greater distances from one another. One of the peculiar features of a Ladakhi village is the large *mani* wall, built with stones inscribed with *Om mane padme Om*.

Srinagar, situated astride the Jhelum, is an ancient city. With its numerous waterways crowded with house-boats and the big cargo *bahats*, it has been aptly described as the Venice of the East. The river is spanned by wooden bridges of quaint design and the houses of brick and wood almost hang over its waters. The ghats are crowded with people, bathing, washing and gossiping, and a *shikara* trip down the river is a delightful experience. A panoramic view of the entire city and its environs can be had from the top of the Shankaracharya Hill situated on its southern side.

The winter capital of the State is Jammu situated on the right bank of the river Tawi, at a height of 1,300 feet above sea level. It is built upon the gentle slope of a hill, and commands a remarkably fine view of the fertile plains below, of groves of mango and other fruit trees, and the tortuous course of the Tawi and Chenab rivers.

The most prominent features of the city are the large number of domes and pinnacles of the temples. The Secretariat is an imposing structure, and the beautiful design of the architect has been most successfully carried out by the builder.

Anantnag, 34 miles to the south of Srinagar is an important centre for the fruit trade and is known for the manufacture of *gubbas* or woollen spreads. Thirty miles to the north-east of Srinagar is Sopore, an important town near where the Jhelum leaves the Wular Lake. It is a commercial centre and with its old wooden bridge and quaint houses is most picturesque.

Leh is the district headquarters of Ladakh and a visitor is fascinated at the very first glimpse of it. The palace of the old rulers, nine storeys high, stands out from a distance. Tall, slender poplars, standing like sentinels on guard, and the clusters of whitewashed houses lend an air of enchantment to the landscape.



## Rice and Saffron

The most important staple food is rice, and the cultivator devotes all his energy to this crop. The soil is porous, and water must be kept running over the fields from the sowing to almost harvest time. Thanks to the formation of the country, this is easy as in ordinary years water is abundant.

Other crops grown are wheat, maize, saffron, tobacco, pulses, sesamum, peas and beans.

The saffron (*Crocus sativus*) of Kashmir is famous for its bouquet. The legend about its introduction shows its antiquity. Its cultivation requires a particular aspect of sloping ground which is cut into little square plots. When once the bulb has been planted in the square, it will live for 14 years without further trouble, new bulbs being produced automatically and old ones rotting away. The flowers appear in the middle of October when they are collected and dried in the sun. The three orange-red stigma, the real saffron, are then picked by hand.

Perhaps no State in India has better facilities for fruit growing than Kashmir. The apple, pear, vine, mulberry, gooseberry, currant and strawberry can be grown without difficulty in most parts of the Valley. During the last fifty years, grafts of French and other European varieties of fruit have been successfully introduced and Kashmir has truly become the Orchard of India. A stream of motor trucks full of Kashmir fruit can be observed moving in autumn on the road which, passing through the Jawahar Tunnel (7,200 feet), connects the Valley to Jammu and the plains of the Punjab. Since its completion in 1920, the road has been considerably improved and travelling over it is a thrilling experience.

The climate of Kashmir varies according to the situation. Upon the summits of the surrounding mountains it is extremely rigorous, while in the Valley it is temperate, being intermediate between that of Europe and the plains of India. The seasons are well marked.

By the middle of March the winter breaks up. The spring is very changeable, rainy, often cold and windy, but by the beginning



of May, the sun acquires considerable power though, on the whole, the weather continues pleasant until the middle of June when the increasing heat drives most of the tourists to Gulmarg, Pahalgam and Sonemarg.

The autumn months are the pleasantest of the year with clear, bright, but fairly cool days. In December, there is often an early fall of snow and the frost is heavy ; but it is not until about the middle of January that the main snowfall occurs. For two months even the lower parts of the Valley are entirely under snow, which often lies from eight inches to a foot deep.

## THE PEOPLE

The diverse physical and climatic conditions in the State have considerably influenced the dress, language, customs and rituals of the people who inhabit it.

In Jammu, the Dogras, a hardy people divided into several castes, speak Dogri, a mixture of Sanskrit, Punjabi and Persian words derived from the Indo-Aryan branch of Sanskrit. They dress in a short coat and pyjamas, loose to the knee and tight-fitting to the ankle. Their staple food is rice, wheat and pulses.

Paharis, the inhabitants of the "middle mountains", are of powerful frame. They wear grey woollen coats with a *kamarband* or broad belt—a dress admirably suited to the rough life they lead on the mountain slopes.

Another interesting hill people are the semi-nomadic Gujjars. From the warm regions of Jammu they move with their flocks of sheep and goats to the cool meadows of Kashmir in summer. The outdoor life they lead in some of the healthiest parts of the State, and their nourishing diet of corn bread, butter and milk, make them a long-lived people.

The people of the Kashmir valley are physically a fine race, the men being tall and well-built and the women and children possessing charming features. Lively and intelligent, they are full



of fun and fond of amusement. They dress in a loose gown known as *pheran* and pyjama of the *salwar* type. The women wear a small cap with a red fillet in the case of a Muslim and a white in the case of a Pandit woman. A shawl or a white *chaddar* thrown gracefully over the head and shoulders, more as a protection against the sun than to hide the features, completes their head-dress. Villagers wear a skull cap. The turban is a sign of respectability and affluence. In winter a *kangri* is used to give warmth. This is an earthen jar, about six inches in diameter, covered with wickerwork. A few charcoal embers in it give a constant and mellow heat.

Their staple food is rice. They eat many vegetables but the favourite dish is the *hak* or *karamsag*. Kashmiris abhor intoxicating drinks, but they drink large quantities of tea. Mixed with a little soda bicarbonate, tea is boiled hard and milk added, the resulting mixture turning pink. Salt is added instead of sugar. Any time is tea time in a Kashmiri home where the *samovar* steams all through the day.

Further to the east is the magic land of Ladakh, the home of the ancient Bhauttas. They are of short stature with high cheek bones and small chin. But what they lack in balance of form is amply compensated for by their cheerful disposition and frank and honest dealings. Being inhabitants of a cold region, they wear thick woollen robes and fur-lined caps. The women wear a cloth head-dress that covers the neck and back. On either side there are large earflaps of black fur. The staple food of the Ladakhis is *grim* (a kind of barley) which is ground into flour and eaten mixed with tea and butter.

### Historical Survey

Historically Kashmir has a record which places it high among other parts of India in point of interest.

In classical India, Kashmir had an honoured place. The ancient chronicles speak of a "glorious king of Kashmir" named Gonanda, who was "worshipped by the region which Kailasa lights up and which the tossing Ganga clothes with a soft garment." In



the same records the name of Asoka is associated with Srinagar, a "town of ninety-six lakhs of houses resplendent with wealth." Buddhist influence predominated in early Kashmir and the third Buddhist Council was held there, but when the Chinese pilgrim, Yuan Chwang visited it about the seventh century A.D. he found the mass of the people Hindu and the Buddhist monasteries few and partly deserted. Another turn in Kashmir's wheel of fate brought into power about A.D. 528 Mihirakula, a king "cruel as death", who is known to history as the leader of the White Huns or Ephthalites. A notable king was Pravarasena II, who reigned about 560 A.D. and built his capital on the site of the present Srinagar. Another ruler of whom history takes great account is Lalitaditya, who ruled in the middle of the eighth century, and distinguished himself by his successful campaigns in India and Central Asia. Returning from his last campaign loaded with booty, he followed the usual custom of building a capital for himself. Finally, in this line of Hindu kings, we have Queen Didda, who reigned from 950 to 1003. In the middle of the fourteenth century Muslim rule was established over the Happy Valley through a line of rulers known as Sultans. The best known of these kings was Zain-ul-Abidin, in whose reign arts and crafts flourished.

In 1586, Akbar brought Kashmir into the Mughal Empire. A conspicuous feature of Mughal rule was the many lovely pleasure gardens which were laid out in appropriate places, notably around the Dal Lake. Thereafter Kashmir fell under the Afghans whose rule lasted 67 years. With the rise of Sikh power under Maharaja Ranjit Singh, Kashmir came under its hegemony in 1819 for a brief period of 27 years.

While Kashmir was passing through the vicissitudes of its later history, a new power was rising on the borders of the State. This was the authority of Gulab Singh, a Rajput and one of Ranjit Singh's favourite lieutenants. Appointed Raja of Jammu in 1820 for services rendered to the Sikh cause, Gulab Singh speedily organised his territory on firm lines, and eventually established complete domination over nearly the whole of the country between Kashmir



and the Punjab. Ladakh and Baltistan were also brought under control, with the result that Gulab Singh practically made himself master of all the territory immediately surrounding Kashmir.

When war broke out between the British and the Sikhs, Gulab Singh refrained from taking sides. As a result of the treaties concluded after this war, the British transferred to Gulab Singh for the sum of 75 lakh rupees all the mountainous region situated to the east of the Indus and the west of the Ravi. Gulab Singh died in 1857 and in 1860, his successor, Ranbir Singh, sent a well-equipped expedition against the mutinous chief of Gilgit and the adjoining territories and succeeded in establishing his rule over this outpost. On his death in September 1885 he was succeeded by his eldest son, Maharaja Pratap Singh, who ruled for 40 years and was succeeded by his nephew, Maharaja Hari Singh in 1925.

In 1931, influenced no doubt by the struggle for freedom in the rest of India, the Kashmiris demanded a democratic administration. Thanks to the broad nationalistic outlook, which resulted no doubt from its composite cultural heritage, the movement was directed early into healthy channels.

In October 1947, Kashmir acceded to the Indian Union and since then has registered an all round improvement in the education, health and economic well-being of its people.

The Jammu and Kashmir University came into being in 1948. The new University is now being slowly converted into a residential university and has started post-graduate classes in English, Philosophy and Economics. No tuition fees are charged in Government schools and colleges, whose number has been increased. Women's education is also receiving attention and the number of women graduates is rising in geometrical progression.

Medical relief is now amply provided by the Government. Apart from a number of hospitals in Jammu, Srinagar, Leh and other important towns, there are free dispensaries in most of the big villages and Unani and Ayurvedic dispensaries in smaller villages. No operation fees are charged in the hospitals. Provision is made



for deep X-Ray therapy in Srinagar and Jammu where Blood Banks have also been established.

The people are earnestly fighting against the immemorial poverty and social evils which have so far fettered them. The Sindh Hydro-electric Power House and canal at Ganderbal have been put into commission. Irrigation canals built at Sumbal, Udhampur, Kishtwar and other places have turned large tracts of barren land into smiling fields of wheat and rice. The Lift Irrigation Pumping Station at Padgampura, 16 miles from Srinagar, irrigates a large tract of otherwise barren land, and mechanical cultivation has been introduced in some of the Government Farms.

Among the new industrial undertakings mention may be made of the Government Joinery Mill at Pampur, which manufactures doors and windows on a mass scale. The State is rich in forest and the timber trade and allied industries have a bright future. The Drug Research Laboratory and the Santonin Factory use minor forest products for the manufacture of valuable drugs.

The silk industry is now firmly established and is providing employment for thousands of villagers who rear silk cocoons during the off season in agriculture. Up-to-date filatures have been set up in Srinagar and Jammu.

### **Ancient Monuments**

Kashmir, as befits its history, is richly endowed with monuments of antiquity. They are distinguished by a graceful elegance of outline, by the massive boldness of parts, and by the happy propriety of the decoration. Typical of these ancient ruins is the temple of Pandrenthan, about four miles from Srinagar on the road to Anantnag. It was built during the reign of King Partha about the year 925. Like many other temples in Kashmir, it stands in a tank and is worthy of inspection chiefly on account of its classically sculptured dome, which recalls the architecture of Athens and Rome.

About three miles from Anantnag, on its eastern side, is the temple of Martand, or "the Sun", which is believed to have been



constructed by King Lalitaditya. It is of a more imposing character than many others in the State, as it is some 63 feet in length, and although the roof has been removed, the height must originally have approached 70 feet. In addition to the sanctuary there is a choir and nave, both of which are richly panelled, and a pillared quadrangle, 220 feet long and 142 feet wide.

The medieval wooden architecture of Kashmir as depicted in the mosques and *ziarats* in the Valley well repays study. The high steeples, rows of wooden columns and the elaborate carvings on ceilings and walls, are a distinguishing feature of these mosques.

One of the principal of these is that of Hazratbal, standing on the bank of the Dal. The chief attraction for pilgrims is the sacred hair of the Prophet which, it is said, was taken to Kashmir from Bijapur in the year 1700. The relic is shown to crowds of pilgrims who assemble on certain days of the year. On the southern slope of Hari Parbat in Srinagar, overlooked by the fort are the ruins of a fine old mosque built in the time of Shahjahan.

The Jamma Masjid and the mosque of Shah Hamadan in Srinagar are also worth a visit. Of particular interest is their beautiful *khatamband* ceiling made of thin carved pieces of wood arranged in attractive geometric patterns.

The sub-Himalayan tract of India stretching from Poonch to Chamba is the home of a distinct school of painting which in the 18th and 19th centuries produced exquisitely beautiful miniatures. Basohli, in Jammu, was an important seat of this school of art and is famous for the delicate lines and subdued colouring of its paintings.

### Fairs and Festivals

With their long and chequered history and rich cultural background, Kashmiris are fond of celebrating festivals with elaborate and colourful ceremonies. Spread over the year, each has its own speciality depending on the season and the place in which it is held. Some are religious, but most of them commemorate the



anniversaries of saints and popular heroes. Not a few are celebrated in honour of rivers, springs and mountains.

The Kashmiris celebrate the spring festivals collectively, without any consideration of class and creed. Out in the gardens, one generally finds Hindus and Muslims sitting side by side, drinking tea from their steaming samovars. It is interesting to note that both communities, with their affinity in dress, manners and customs, have identical menus as well—the *kulcha*, salt tea, *pakauras* and, to crown all, roasted *singhara* nuts.

Summer invites people to the cool valleys and mountain meadows. Appropriately enough, it is in this season that a number of fairs are held at these places. Those at Ganderbal and Tangmarg take place in mid-summer, and in autumn, when the saffron is in bloom, Pampur is the scene of a colourful fair.

Many festivals in honour of saints like Sheikh Noor-ud-Din, Rishi Mol and Rishi Pir are celebrated by Hindus and Muslims alike. The fair held at Anantnag on the anniversary of Rishi Mol's death is unique in that the whole population of the town, of which Muslims form the greater majority, eat no meat for a fortnight. Every house is illuminated on the day of the fair and there is festivity everywhere.

Amar Nath Cave situated at an altitude of 13,000 ft. in the farthest recess of a secluded valley is visited every year by thousands of pilgrims who set out on a thrilling, though arduous trek of 27 miles from Pahalgam. Vaishno Devi is a small cave at an altitude of 7,000 feet set amidst sublime scenery above the town of Katrah in Jammu. The pilgrimage begins from the first of Navratra (in September). Martand is sacred to the Sun and in every Hindu leap year, pilgrims offer *sangkalpa* in the name of their departed relatives. Khirbhawani is a spring sacred to Durga. It is 14 miles from Srinagar and a big fair is held there in May.

Kashmiris love music and folk dancing. *Soofiana kalam*, a combination of Indian ragas and Persian *muqams*, is sung to the accompaniment of the santoor, sarangi and tabla. A form of



vivacious folk music loved by villagers and common people is *chakri*, sung with gusto and abandon. *Rauf*, a form of folk dancing is performed to the accompaniment of haunting tunes.

In Ladakh, the lamas have their elaborate masked dances, which they often perform on festive occasions in the various *gompas* dotted over the district. Similarly in Jammu, the Dogras have their *bhangra* dances during melas and on other festive occasions.

## Artistic Crafts

The picturesque landscape of Kashmir instils in its people a love of the beautiful and the sublime, and these are best manifested in their artistic handicrafts.

In a country of well-wooded hills of generally temperate climate, one of the most obvious natural products is wool. The celebrated shawls are among the most wonderful examples of the figure-weaver's art. Their graceful and intricate interlacing patterns, profusion of floral detail, and wonderful harmony of colour, compel unbounded admiration. The wool for the best of these and other fabrics is obtained from Ladakh, and even further, and the pattern is almost invariably composed of variation of the *badam* or 'almond' design.

Exquisite needlework is found in the embroidery of the Choga, or coat, as used in former days. Mughal patterns are tastefully combined with the *badam*. But this fine work is no longer made or required. The increasing demand is for cheap table centres, d'ouleys, cushion covers, shawls, sarees, and so on.

Another application of embroidery is that used on numdahs for floor and couch coverings, and on thin pattus for curtains and cushion covers. A coarse chain-stitch is used, and some of the older designs are bold and good. An interesting form of pattu patchwork is made at Anantnag. In principle it is just 'Boule' work. Pattern and ground are cut to a design in two or three colours, then arranged together in the manner of marquetry and joined by stitching. The work is called *gubba* which wears remarkably well as a floor covering.



Wood-carving is an ancient craft in the country, and very fine examples of architectural work are still to be found in some of the older mosques and *ziarats*. Tables, screens, bureau, cigarette-boxes, and other objects of popular demand are exquisitely carved. The most popular motif is the chenar and iris.

The well-known art of the papier mache maker of Kashmir is still in the hands of the descendants of the original craftsmen. The processes, simply stated, are first the construction of the shape of the bowl, vase or plate in paper pulp in a wooden mould, the sizing of the surface with a kind of white distemper upon which the designs are painted in water colour, including gold, with a medium of glue ; and finally glazing with a fine amber varnish. The early patterns are based upon the *badam* of the shawl weavers, but of late years a large variety of floral schemes have been most successfully and artistically developed.



RECEIVED, V. B. BHASIN

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An aerial view of the  
Banihal pass and surround-  
ing mountain ranges



बनिहाल दर्रे और आसपास की  
पहाड़ियों का विहंगम दृश्य

26.9.2007  
12598

ہوائی جہاز سے درہ یاہنسال اور  
اس پاس کے پہاڑوں کا دلفریب نظارہ



2420





Glacier in Ladakh

लद्दाख में एक हिम-नद

لداخ میں گلیشیر





A typical landscape. Goats returning after the day's grazing.

लद्दाख का एक साधारण मैदानी दृश्य । बकरियों का एक झुंड संध्या-काल में चराई के बाद वापस लौट रहा है ।

لداخ کا ایک منظر۔ بکریاں دن بھر چرنے کے بعد واپس ہو رہی ہیں





Gulmarg in winter

शीत-काल में गुलमर्ग

سردیوں میں گلی مَرگ کا ایک منظرہ





A Gulmarg hut under a thick mantle of snow.

गुलमर्ग में बर्फ से ढंकी हुई एक झोंपड़ी

گلی مرگ میں ایک برف پوش مکان





Golf course and hotel at  
Gulmarg in winter

शीत-ऋतु में गुलमर्ग का गाफ का  
मैदान और होटल

مردیوں میں گلی مرگ کا ہوش اور گولف کا میدان





Another view of Gulmarg in winter

शीत-ऋतु में गुलमर्ग का एक और  
दृश्य

سردیوں میں گُلِ مرگ کا ایک اور نظارہ





Approaching Gulmarg after  
a tiring uphill trek through  
snow

बर्फ से ढके हुए मार्ग की चढ़ाई के बाद  
गुलमर्ग पहुँचनेवाला पर्यटक

ایک تیار دشت اور گز ادیرت پوش پہاڑی  
راستے سے ہو کر سڑک پر پہنچ رہا ہے





Hut occupied by skiers at Gulmarg. Water and provisions being carried up.

गुलमर्ग में 'स्की' करनेवालों की सुविधा के लिए एक कुटीर—पानी तथा अन्य सामान ढोया जा रहा है।

اس مکان میں برت کے کھلاڑی مقیم ہیں  
ان کے لئے پانی اور کھانے پینے کی  
چیزیں نیچے سے لائی جاتی ہیں





Tourist huts buried under  
snow in Gulmarg

گولمہرگ میں برف سے ڈکے پریٹک-کوتیر

گلی مرگ میں سیٹیاؤں کے مکان  
برف سے ڈھک گئے ہیں



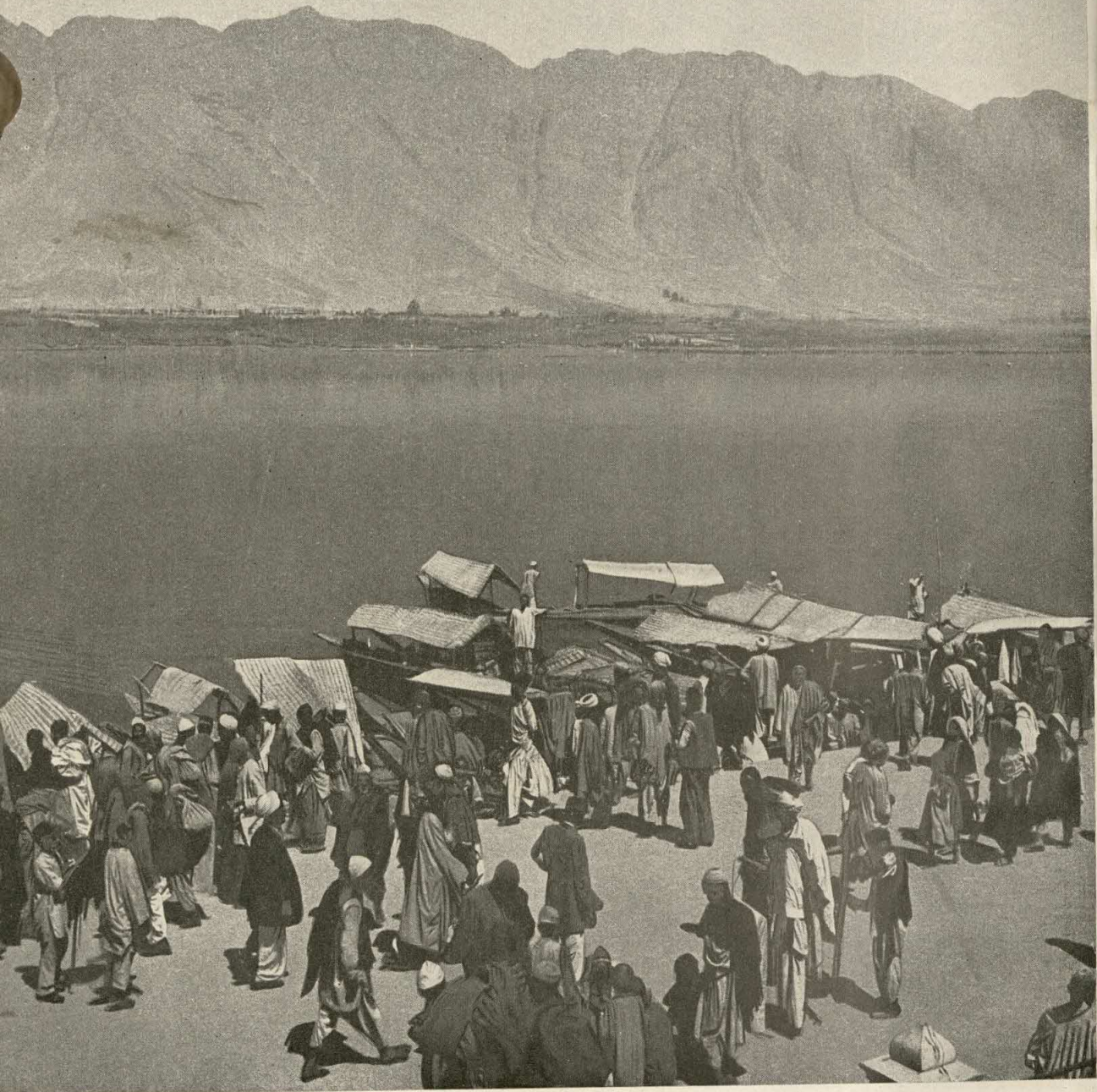


Pahalgam, a popular tourist resort in the Lidder valley

लिड्डर घाटी में पर्यटकों के लिए  
विशिष्ट आकर्षण-केन्द्र—पहलगाम

पहलगाम — वادی लीडर  
का ایک پُر فضا مقام



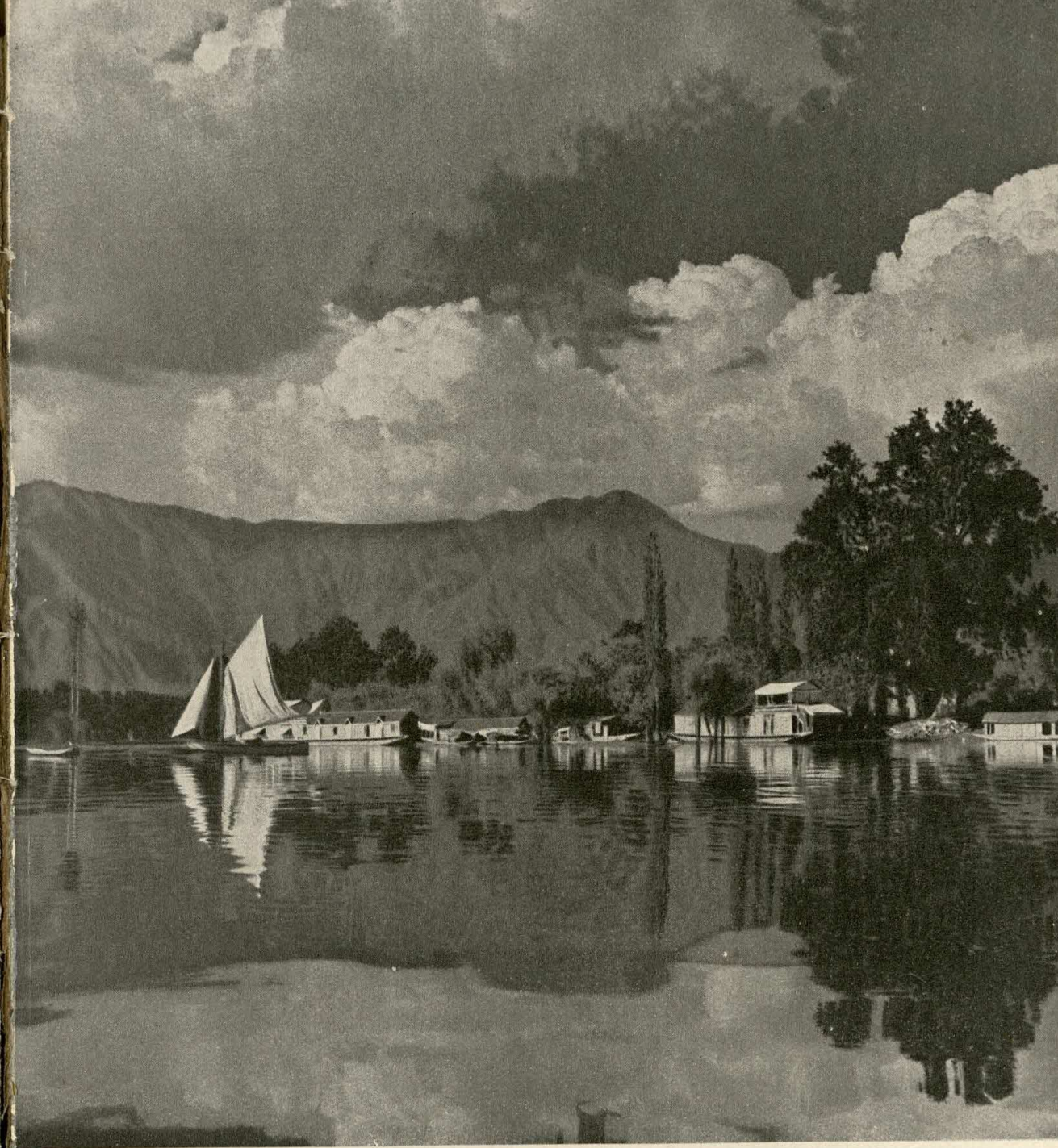


The Dal Lake from  
Hazratbal. The Nishat  
and Shalimar Gardens are  
at the foot of the hills on  
the opposite shore.

हजरतबल से डल झील का दृश्य :  
दूसरे छोर पर पहाड़ की तलहटी में  
निशात और शालीमार बाग

حضرت بل سے چیل ڈل کا نظارہ۔ دوسرے  
کنارے پر پہاڑوں کے دامین میں نیشاٹ باغ  
اور شالیمار باغ دکھائی دے رہے ہیں





The picturesque Nagin lake  
with houseboats in the  
background

नगीन झील का रमणीय दृश्य :  
पृष्ठभूमि में हाउस-बोट

نوبمورت جیبن نگین - عقب میں  
ہاؤس بوٹ نظر آ رہے ہیں





Sunset on the Dal

सूर्यास्त के समय डल-झील

ڈل میں غروب آفتاب کا منظر





The lovely lake of Mansabal.  
Paddy fields in the fore-  
ground.

मनोहर मानसबल झील—सामने  
की ओर धान के खेत हैं

مانسبال کی خوبصورت جھیل  
سامنے دھان کے کھیت ہیں







The Sheshnag lake and its  
surrounding glaciers

शेषनाग झील और उसके निकटस्थ  
हिम-नद

گیشیرون گھری ہوئی حمیل شیش ناگ





A view of the frozen lake at Ailpathar. The ridge is the only naked spot for miles around.

जमी हुई अलपत्थर झील : चित्र  
में दिखनेवाली चट्टान ही मीलों दूर  
तक बर्फ से रहित एक स्थल है

भंडाल पत्थर झील का एक नज़ारे - चारों  
पट मिलकर एक सैल है  
सलाह को नु कहीं जगह नहीं





Houseboats on the river Jhelum in Srinagar. The temple on the Shankaracharya hill is in the background.

شروینگر میں جھلم ندی پر ہاؤس  
بوت ۔ پٹھانمیں میں پھاڑی پر  
شکرچاری کا مندر ہے

سری نگر میں دریا جلم میں ہاؤس بوٹ  
پس منظر میں شکرچاری کی پہاڑی  
پر مندر دکھائی دے رہا ہے



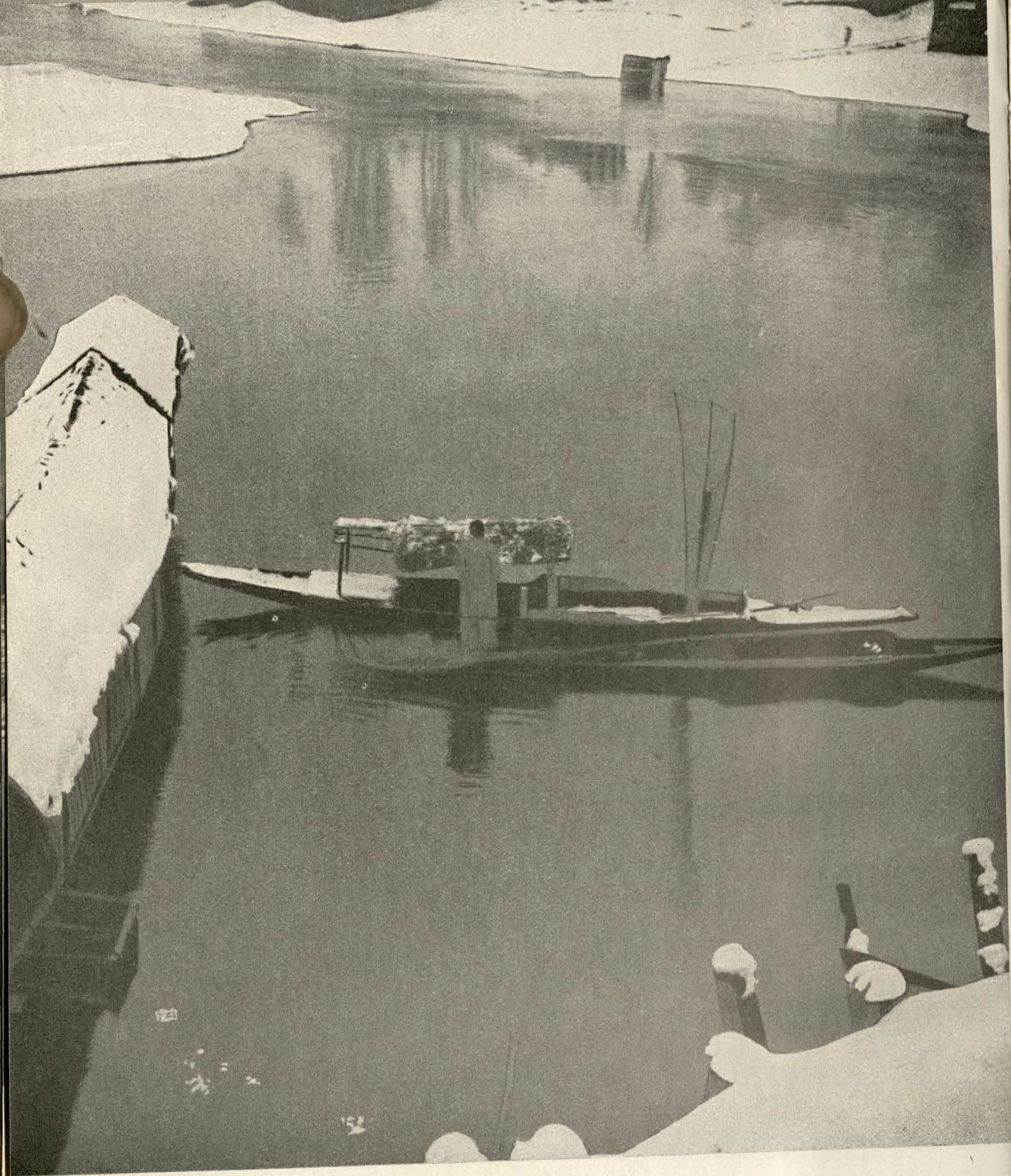


A row of houseboats on the  
Dal

डल झील में हाउस-बोटों की एक  
कतार

ڈل میں ہاؤس بوٹوں کی ایک قطار





River life in winter. A  
hanji removing snow from  
the roof of his shikara.

शीत-ऋतु में नदी पर निवास :  
अपने शिकारे की छत से बर्फ हटाता  
हुआ एक हांजी

سردیوں میں دریا کا منظر۔ ایک ہانجی اپنے  
شکارے کی چھت پر سے برف ہٹا رہا ہے



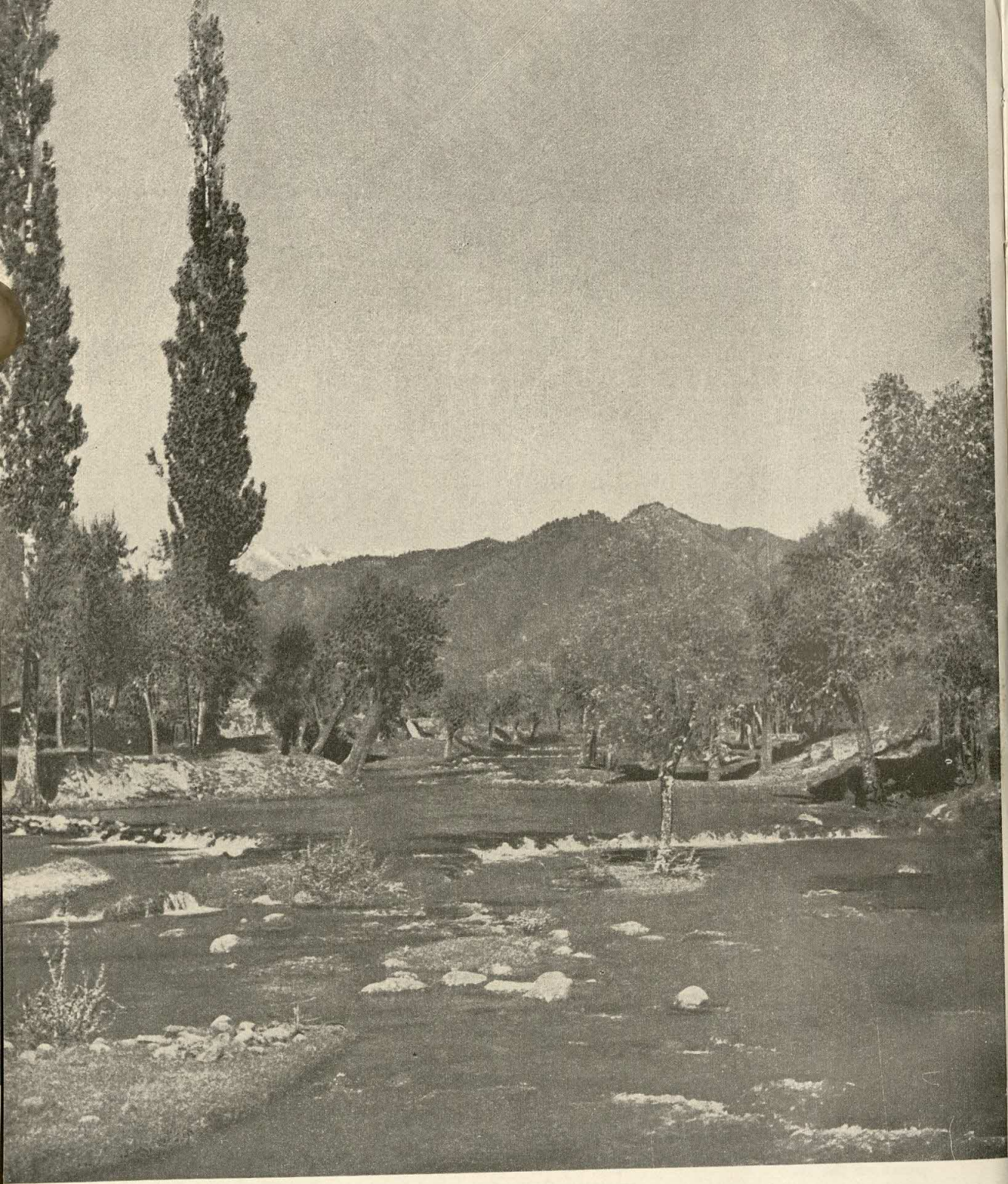


Nature's mirror. Noonday  
peace on the Dal

प्रकृति का दर्पण : डल झील पर  
मध्याह्नकालीन शान्ति

ایک نئے فطرت۔ ڈال میں دوپہر کا پرسکون منظر





On the way to Kokarnag.  
A typical view of the  
countryside in the Valley.

कुक्कर्नाग के मार्ग में घाटी के  
देहाती जीवन का एक साधारण दृश्य

मुक्कनाग का रास्ता - वादी कुश्निर के  
दिहात का एक दूरबीन नज़ारे





A stream from the Kokar-nag spring passing under shady willows and walnuts

नरकुल और अखरोट के झुरमुटों  
से होकर बहती हुई कुवकरनाग  
सोते की एक धारा

نکرنیگ کا ایک چشمہ اخروٹ اور بید کے  
سایہ دار درختوں کے نیچے بہہ رہا ہے





Snow-capped mountain  
ranges near the Kolahoi  
glacier and the river  
Lidder which rises from it

कोलाहाई ग्लेशियर के पास  
हिमाच्छादित पर्वतश्रेणी और  
ग्लेशियर से निकली लिदर नदी

कोलाहाई ग्लेशियर کے قریب یوں پوش پہاڑ اور  
دریا لیدر - یہ دریا یہیں سے نکلتا ہے





Foaming waters of a nullah  
in a beautiful neighbouring  
valley

एक मनोरम घाटी में एक नाले की  
फेनिल धारा

قریب کی خوبصورت وادی میں ایک پُر شور نالہ





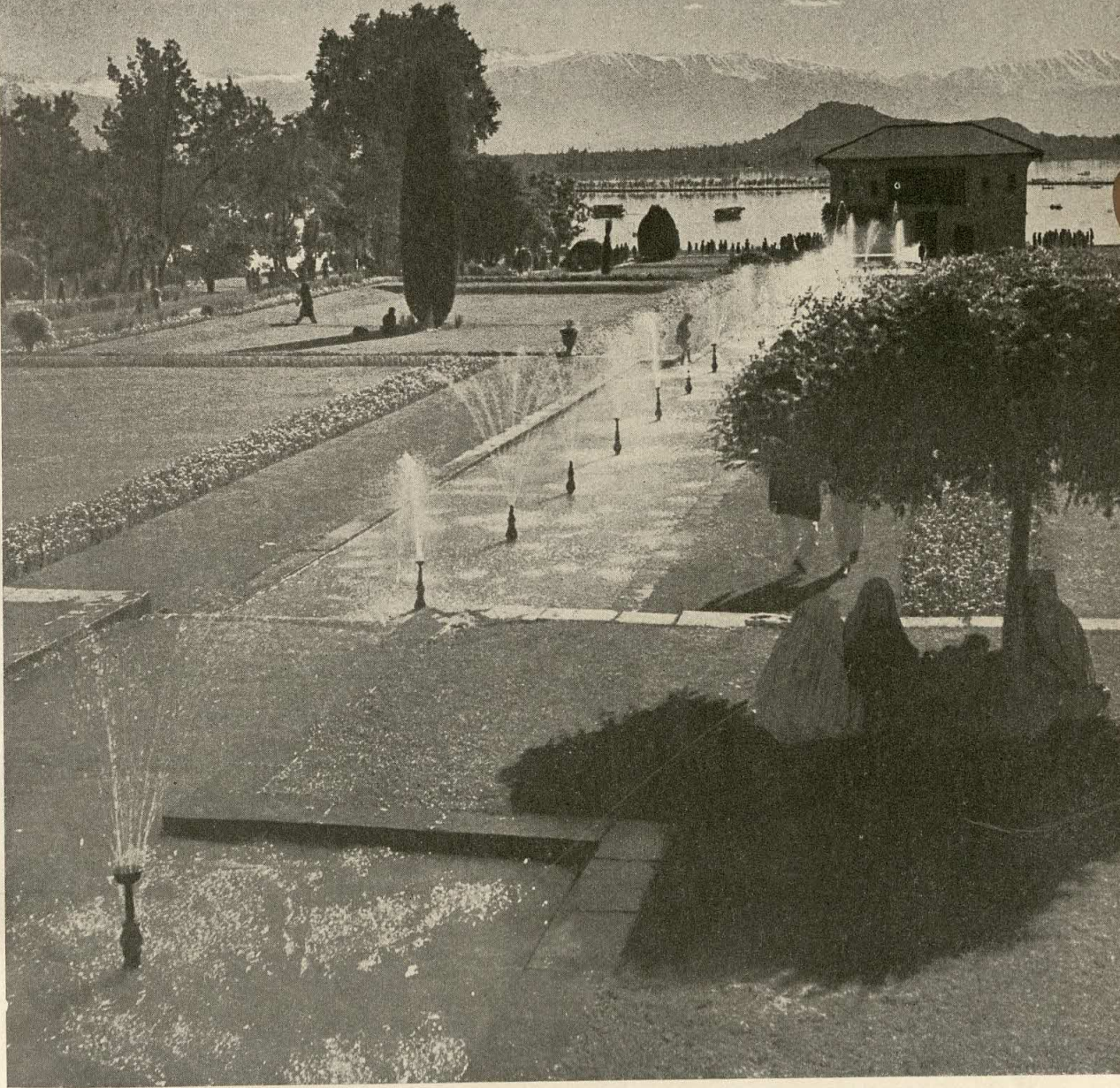


Fountains playing in the  
Nishat Garden

نیشات باغ کے فوارے

نشاط باغ میں فوارے چھوٹ رہے ہیں





A view of the Dal and distant mountains from the Nishat Bagh

निशात बाग से डल झील और सुदूर  
पर्वतों का एक दृश्य

نشاٹ باغ سے ڈل اور دور کے پہاڑوں کا منظر





The garden at Chashma Shahi (Royal Spring) near Srinagar. The famous spring lies in the pavilion.

श्रीनगर के निकट चश्माशाही का बाग । यह प्रसिद्ध चश्मा छत के नीचे है ।

سری نگر کے قریب چشمہ شہابی کا باغ  
یہ چشمہ اس عمارت کے اندر ہے





The Achhabal Garden with  
snow-peaked mountains in  
the background

अच्छाबल बाग—पृष्ठभूमि में बर्फ  
से ढंकी पर्वत-श्रेणियां

اچھا بل کا باغ — عقب میں برف  
پہاڑ دکھائی دے رہے ہیں





Planting seedlings in a rice field

खेत में धान की पौद लगाई जा रही है

وہاں کے کھیت میں پود لگائی جا رہی





**The farmer with his plough  
and oxen coming home  
after the day's work**

دن کے کام کی سمাপٹ پر اپنے  
بیل اور ہل لےکر घर واپس  
آتا ہوا ایک کسان

دن بھر کی محنت کے بعد کسان اپنے بیل اور  
ہیلوں کے ساتھ گھر واپس جا رہا ہے





Ploughing by tractor in a field in Jammu

جम्मہ میں ٹریکٹروں دھارا جوتاई

جموں میں ٹریکٹر سے کھیت جوتا یا رہے





Agriculture in Ladakh.  
Separating grain from straw

लद्दाख में कृषि—अनाज से भूसा  
अलग किया जा रहा है

لڏاڅ ۾ زراعت - اناج ڳهايا جا رهيو آهي





A harvest scene in autumn.  
Threshing paddy to  
separate grain from straw

शरद-ऋतु में फसल काटने का  
दृश्य; धान से भूसी पृथक् की जा  
रही है।

موسم خزاں میں فصل کی کٹائی۔ وصال  
کو کوٹ کر اناج نکالا جا رہا ہے





**A saffron bulb and flower.**  
The saffron is drawn from  
the three orange-red stigma

केसर की कली तथा फूल—तीन  
नारंगी रंग के पुष्पकेशरी से केसर  
निकाला जाता है।

زعفران کا پھول اور اس کی جڑ۔ پھول کے تین  
نارنجی ریشوں سے زعفران نکالی جاتی ہے





Cherry trees in bloom

पुष्पित चेरी वृक्ष

چیری کے پھولوں کی بہار





Almond blossoms

बादाम के फूल

بادام کا شکوفہ پھیلا ہوا ہے







Lotuses in bloom. The Dal and other lakes have extensive stretches covered with lotus flowers

खिले हुए कमल के फूल—डल तथा अन्य झीलों में कमल बहुतायत से होता है

کنول کے پھول۔ ڈل اور دوسری جھیلیں کنول کے پھولوں کے تنہوں سے بھری رہتی ہیں





A group of Kashmiri  
children

کشمیری بچے

کشمیری بچوں کی ایک ٹولی





A happy group of boys near  
Sumbal

सम्बल के पास प्रसन्न-मुद्रा में बालकों  
का एक झुण्ड

سمبل کے قریب بڑکوں کا ایک گروپ





A Ladakhi woman with a  
child on her back

बच्चे को पीठ पर लादे हुए एक  
लद्दाखी महिला

ایک لداخی عورت اپنے بچہ کو پیٹھ پر بٹھائے ہوئے





Sunny smile from a rural  
belle

गांव की एक तरुणी की प्रकाशपूर्ण  
मुस्कराहट

دیہاتی دوشیزہ کی مسکراہٹ





A Muslim at prayer

नमाज़ पढ़ता हुआ एक मुसलमान

ایک مسلمان بوقت نماز





Mother and child

माँ और बच्चा

ماں اور بچہ





Samovar in use

समावर का प्रयोग

سماوار کا استعمال





A hanji of bahats (cargo  
boat) with family

अपने परिवार के साथ बहात  
(भारवाहक नाव) का एक हाजी

مال ڈھونے والی کشتی کا باہنچی اور اس کا خاندان



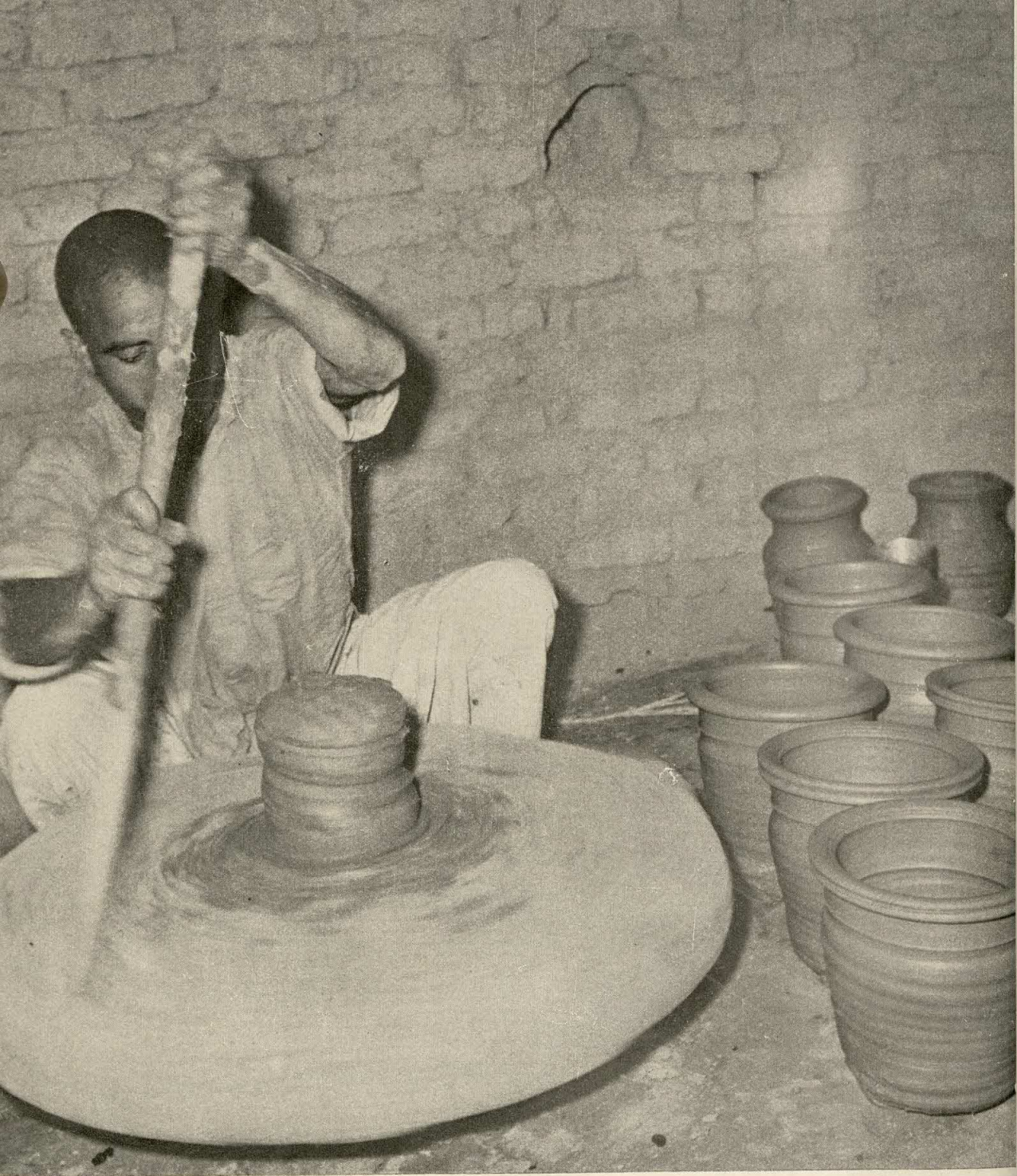


A porter with his basket

डलिया उठाए एक मजदूर

ایک مزدور اپنی ٹوکری کے ساتھ



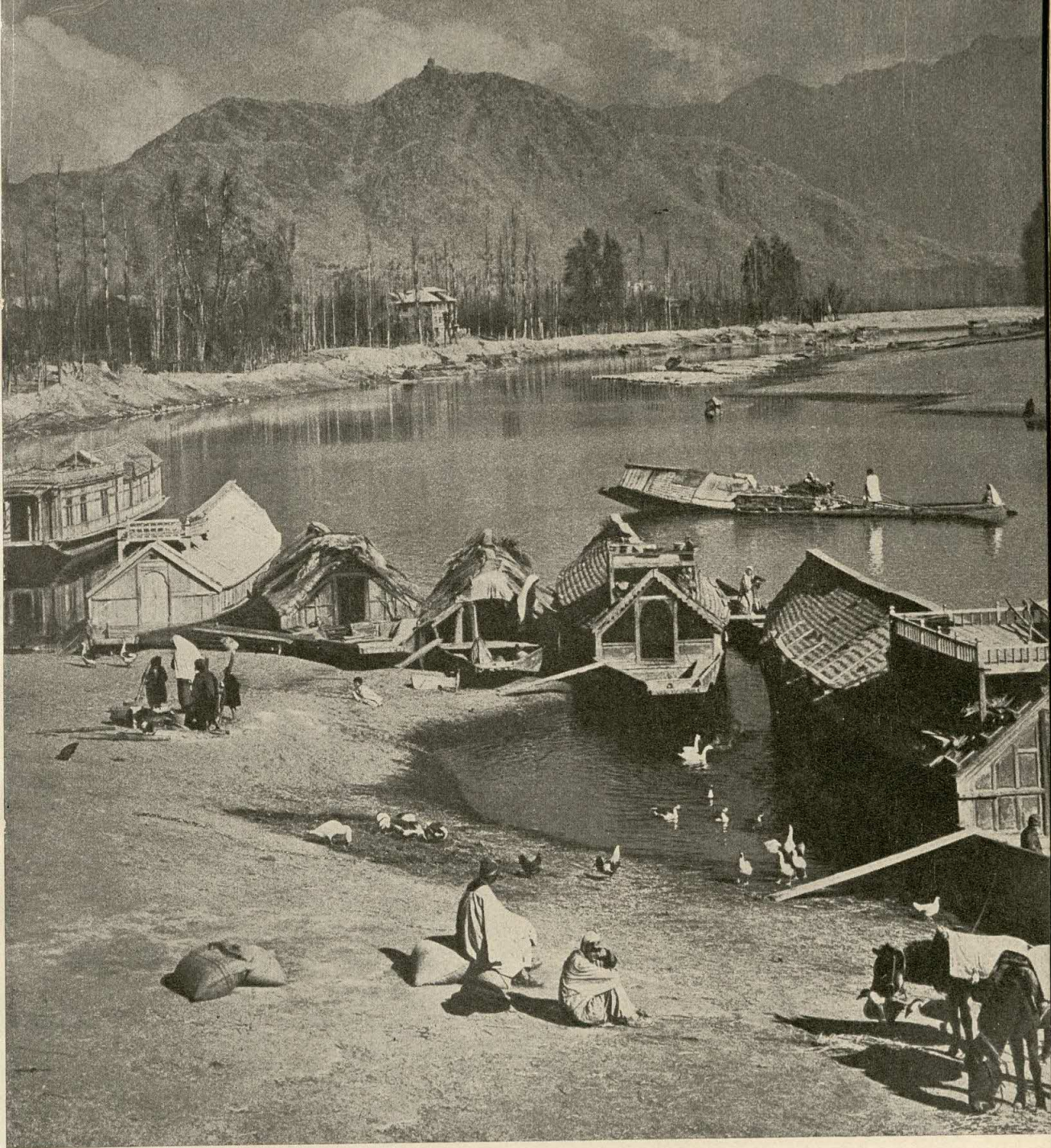


A potter at work

کام کرتا हुआ एक कुम्हार

کھار بریق بناتا ہے





Life on the river Jhelum

جہلم نदी پر ہلچل

دریائے جہلم پر رہنے والے  
لوگ اور ان کی زندگی





Boatloads of vegetables on  
their way to market

हाट को जाती हुई सब्जियों से लदी  
नावें

ترکاریوں سے بھری کشتیاں  
بازار کی طرف جا رہی ہیں





A market scene at Srinagar

श्रीनगर में एक बाज़ार का दृश्य

سری نگر کا ایک بازار







A typical Basohli painting

बसौली चित्रकारी का एक सामान्य  
चित्र

بسوہلی فن مصوری کا ایک نمونہ





The central edifice of the  
ruins at Martand

मार्तण्ड के खण्डहरों का मध्य-भाग

مارتند کے کھنڈرات کا ایک منظر





Details of carving in high relief on a wall among the Martand ruins

मार्तण्ड के खण्डहरों में एक दीवार पर पञ्चीकारी

مارتند کے کھنڈرات میں ایک دیوار پر پچھدی ہوئی موتیاں





A close view of ornamentation on the Pattan ruins

पट्टन के खण्डहरों में सजावट का  
समोप से दर्शन

پٹن کے کھنڈرات میں نقش و نگار کا ایک قریبی منظر





Ruins of the temple at  
Avantipur

अवन्तीपुर मन्दिर के ध्वंसावशेष

اوتنی پور کے مندر کے کھنڈر





The Shah Hamadan mosque in Srinagar is a typical example of the medieval wooden architecture of Kashmir.

श्रीनगर की शाह हमदान मस्जिद मध्यकालीन कश्मीरी काष्ठकला का एक विशिष्ट उदाहरण है।

سری نگر میں شاہ ہمدان کی مسجد۔ جو کئی برسوں سے زمانہ وسطی کی چوبی تعمیر کا مخصوص نمونہ ہے





The minaret of the Jamma Masjid in Srinagar closely resembles that of the Shah Hamadan mosque

श्रीनगर की जामा मस्जिद तथा शाह हमदान मस्जिद की मीनारों में अत्यधिक समानता है।

سری نگر کی جامع مسجد کا منارہ جو شاہ ہمدان کی مسجد سے بہت زیادہ ملتا جلتا ہے





The main steeple of the  
Raghunath temple at  
Jammu

जम्मू के रघुनाथ मन्दिर का मुख्य  
कलश

جموں کے رگھوناتھ مندر کا درمیانی گنبد





The ancient stone temple  
on the Shankaracharya hill  
is a landmark in Srinagar

श्रीनगर में शंकराचार्य पहाड़ी पर  
पत्थर का प्राचीन दर्शनीय मन्दिर

سری نگر میں شکر آپا ری کی پہاڑی  
پر پتھر کا ایک قدیم مندر



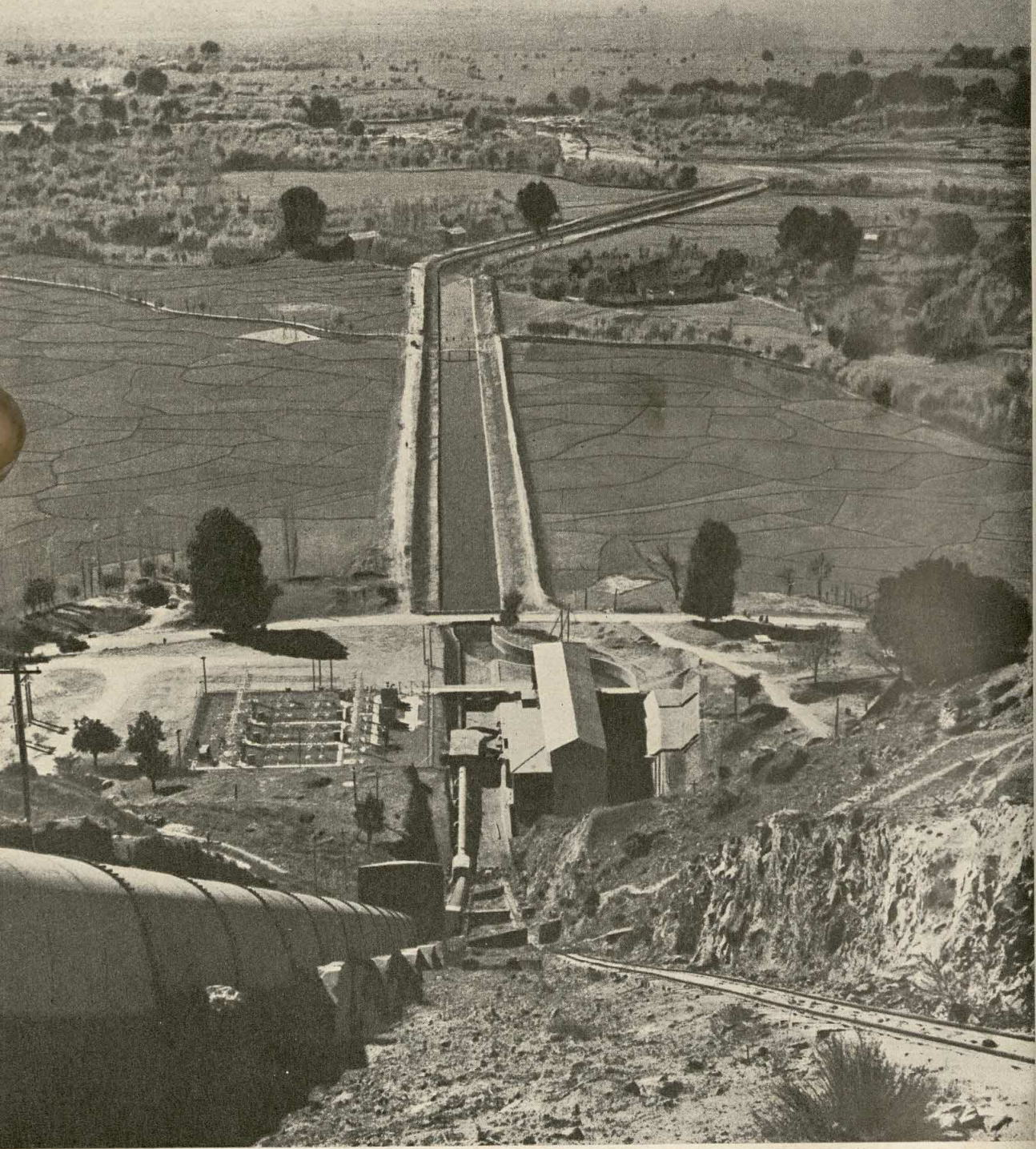


The Maqdoomi mosque on a spur of the Hari Parbat hill with the fort in the background

हरिपर्वत पर मकदूमी मस्जिद :  
पृष्ठभूमि में किला

ہری پربت پر مکتدوی مسجد  
ادپری طرف قلم ہے





A bird's-eye view of the  
Ganderbal Power House  
and the irrigation canal

गांधरबल के बिजलीघर का  
विहंगम दृश्य; साथ ही सिंचाई की  
नहर दिखाई दे रही है।

گاندھربل پاور ہاؤس اور آبیائی  
کی ہنہ پیر ایک طائرانہ منظر



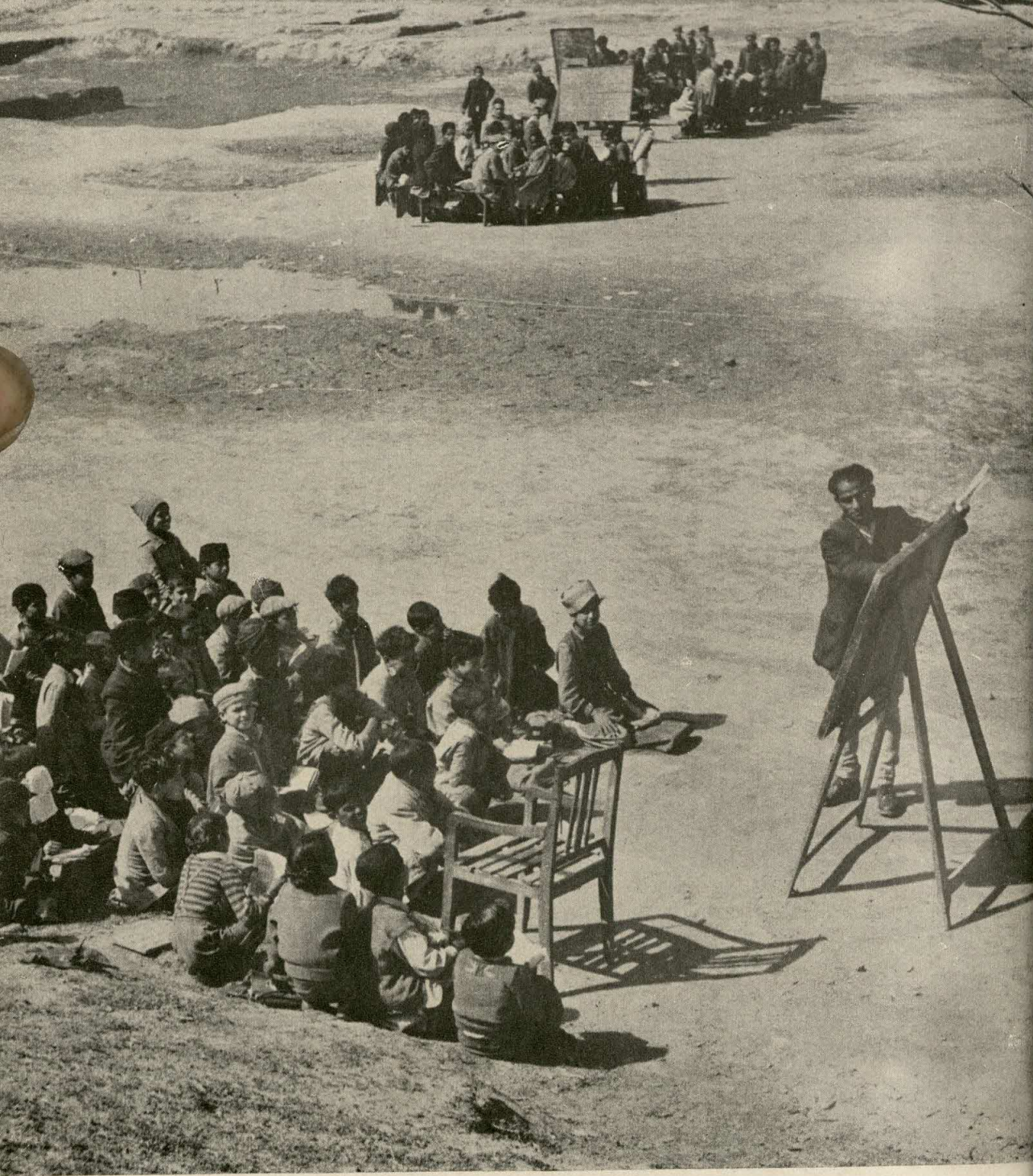


Primitive process of lifting  
water for irrigation

सिंचाई का पुराना तरीका

آب پاشی کا ایک قدیم طریقہ





Open air classes in a village  
school

गांव के एक स्कूल के खुले मैदान में  
कक्षा

محل ہوا میں گاؤں کے اسکول کی کلاس





An illiterate father keenly watching the progress of his son's education

अपने पुत्र की शिक्षा संबंधी उन्नति  
से प्रसन्न एक अनपढ़ पिता

ایک ناخواندہ باپ بڑی دل چسپی سے  
اپنے بیٹے کو لکھتے پڑھتے دیکھ رہا ہے





A corner of the Reading  
Room in the Women's  
College at Srinagar

श्रीनगर के एक महिला कालेज में  
वाचनालय का एक दृश्य

سری نگر کے لڑکیوں کے کالج میں دارالمطالعات کا ایک حصہ





A Health Centre in Srinagar

श्रीनगर का एक स्वास्थ्य-केंद्र

سری نگر کا ایک ہیلتھ سنٹر





A group of Kashmiri  
women

कश्मीरी स्त्रियों का एक समूह

کشمیری عورتوں کا ایک اجتماع





People arriving for prayers  
at the Idgah

ईदगाह में नमाज़ के लिए आते हुए  
लोग

لوگ نماز کے لئے عید گاہ آ رہے ہیں



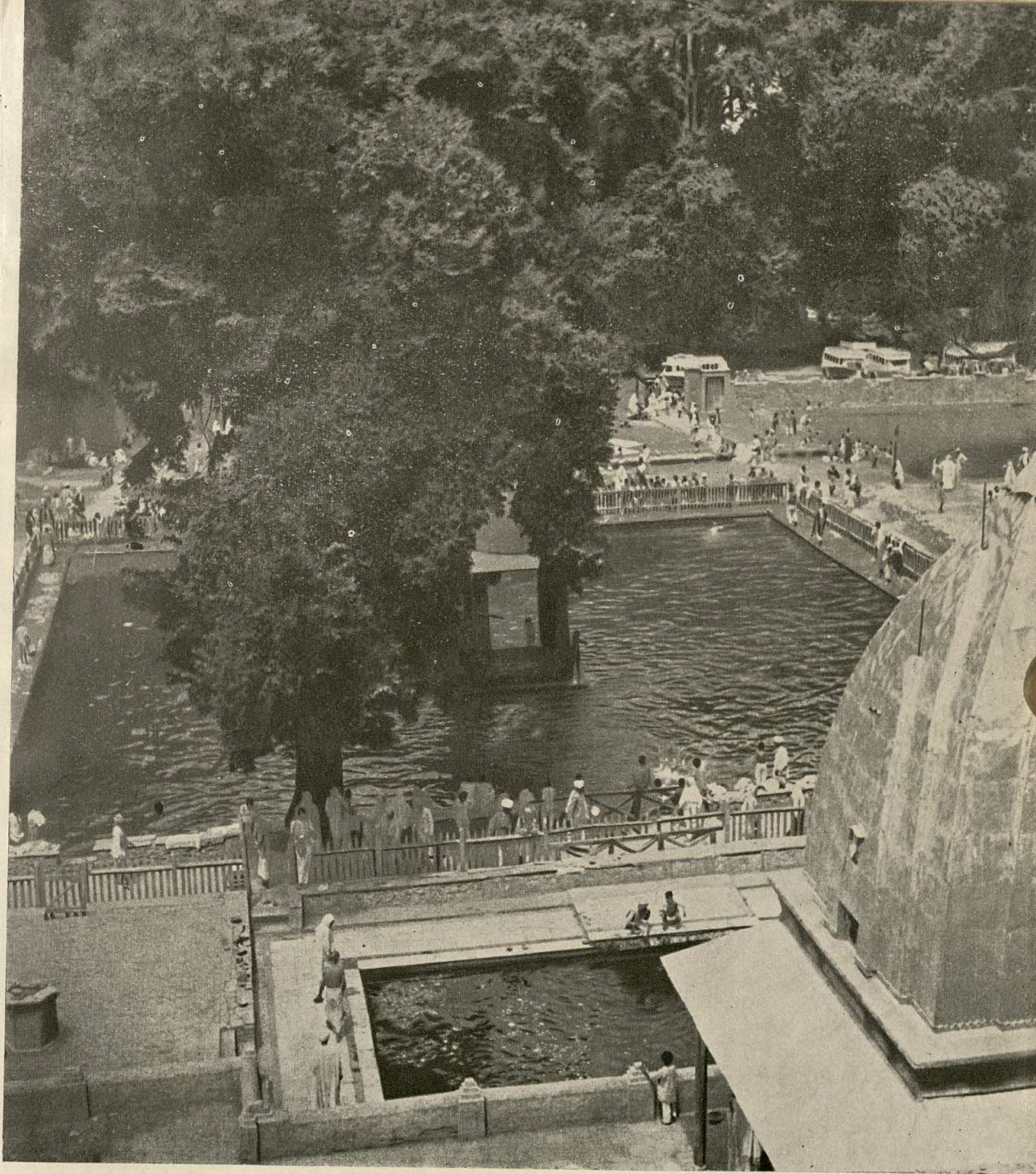


On the way to the Khir-  
bhawani shrine

खीरभवानी मन्दिर के मार्ग में

بھیر بھوانی پیر تھکی طرٹ





The Martand spring, a famous Hindu shrine, 36 miles from Srinagar, on the Srinagar-Pahalgam road.

شروانگر-پهلگام مارگ پر شروانگر  
سے ۳۶ میل دور پرسیدھ ہندو مندر  
کا مارٹنڈ کا سترنا

ہندوؤں کا تیرتھ، مارٹنڈ کا چشمر  
جو سری نگر سے پہلگام جانے والی سڑک پر  
سری نگر سے ۳۶ میل کے فاصلہ پر ہے





The Amarnath Cave

अमरनाथ गुफा

امرناتھ کا غار





A marriage ceremony at Leh. The bridegroom offering prayers according to Buddhist rites.

लेह में विवाह-संस्कार का दृश्य ।  
वर बौद्ध रीति के अनुसार प्रार्थना  
कर रहा है ।

یہاں میں ایک شادی کی تقریب دیکھا  
بودھ رسومات کے مطابق پوجا کر رہا ہے





A dance recital at the Hemis Monastery in Ladakh

लद्दाख स्थित हेमिस विहार में एक नृत्य

لداخ کی ہمیس خانقاہ میں ناچ





Masked dance at Hemis

ہیمس میں چہرے لگا کر نृतی

ہمس میں لوگ نقی پیرے لگا کر نایت رہے ہیں





Bachha dance performed to  
the accompaniment of the  
shehnai and drum

शहनाई और ढोल के साथ बच्चा  
नृत्य

بچہ نمہ - خوشنوائی اور ڈھول  
کے ساتھ گایا جاتا ہے





A quiet rural scene. Cattle grazing under the tall, slim poplars.

एक शान्त देहाती दृश्य : ऊँचे सफेदे  
के वृक्षों के नीचे घरेलू पशु चर रहे  
हैं।

دیہات کا ایک خاموش منظر۔ مویشی سفیدہ کے  
بے درختوں کے نیچے چر رہے ہیں





On the river Tawi in Jammu. In the background is the bridge leading to the city.

जम्मू में तवी नदी । पृष्ठभूमि में  
शहर की ओर जानेवाले मार्ग का  
पुल दिखाई दे रहा है ।

جہوں میں دریائے توی - پس منظر میں وہ پل  
ہے جس سے ہو کر شہر کو جاتے ہیں





Ponies loaded with paddy  
on their way to market

बाज़ार जाते हुए धान से लदे टट्ट

لڊے ہوئے ٹٹو بازار کو جا رہے ہیں





Another village scene

गांव का एक अन्य दृश्य

گاؤں کا ایک دوسرا منظر





A bird's-eye view of the city  
of Jammu

जम्मू नगर का एक विहंगम दृश्य

شہر جموں پر ایک طائرانہ منظر





Another village scene

गांव का एक अन्य दृश्य

گاؤں کا ایک دوسرا منظر



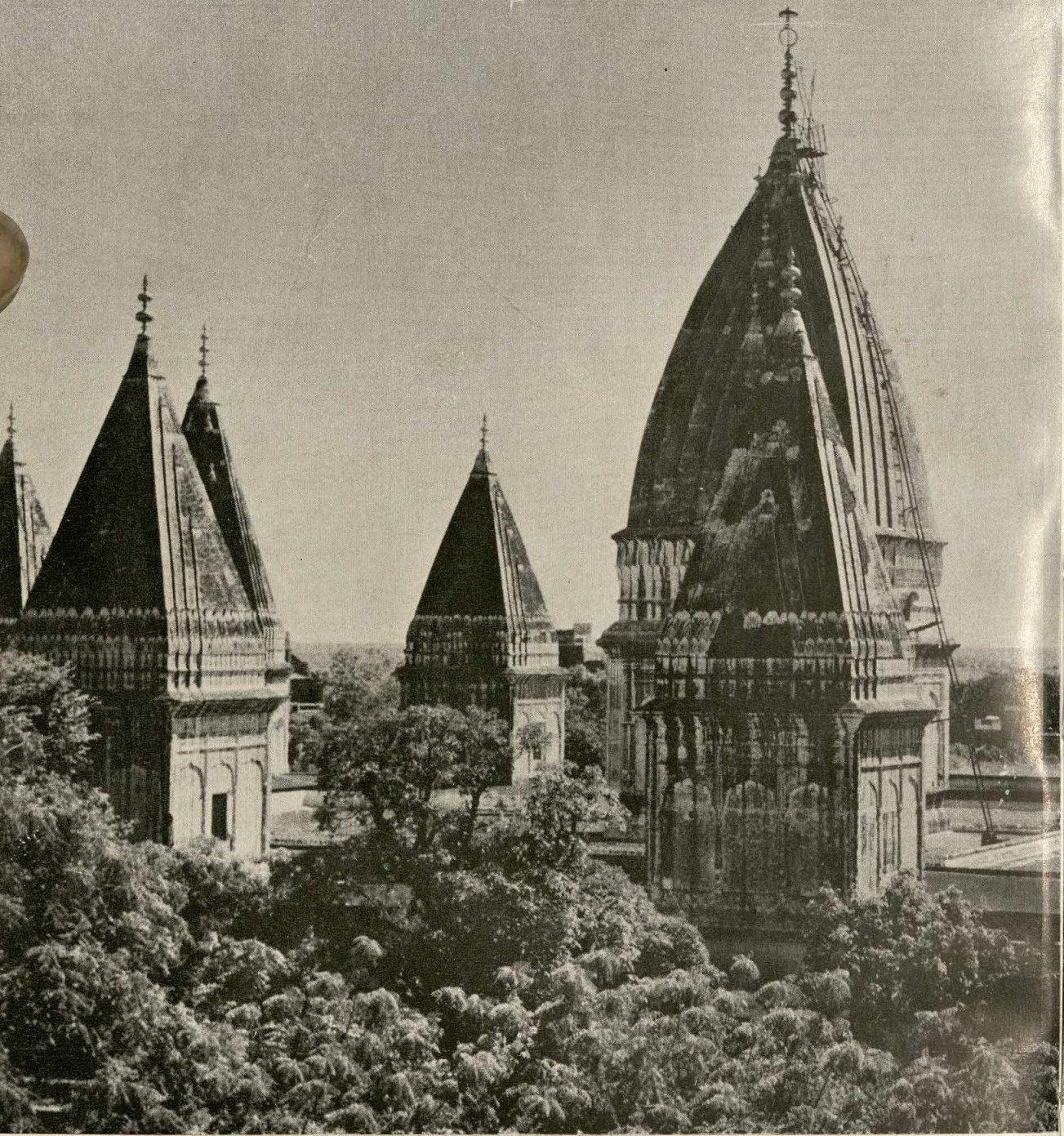


A bird's-eye view of the city  
of Jammu

जम्मू नगर का एक विहंगम दृश्य

شہر جموں پر ایک طائرانہ منظر





The Raghunath temple at  
Jammu

जम्मू का रघुनाथ मन्दिर

جھوں کا رگھوناتھ مندر



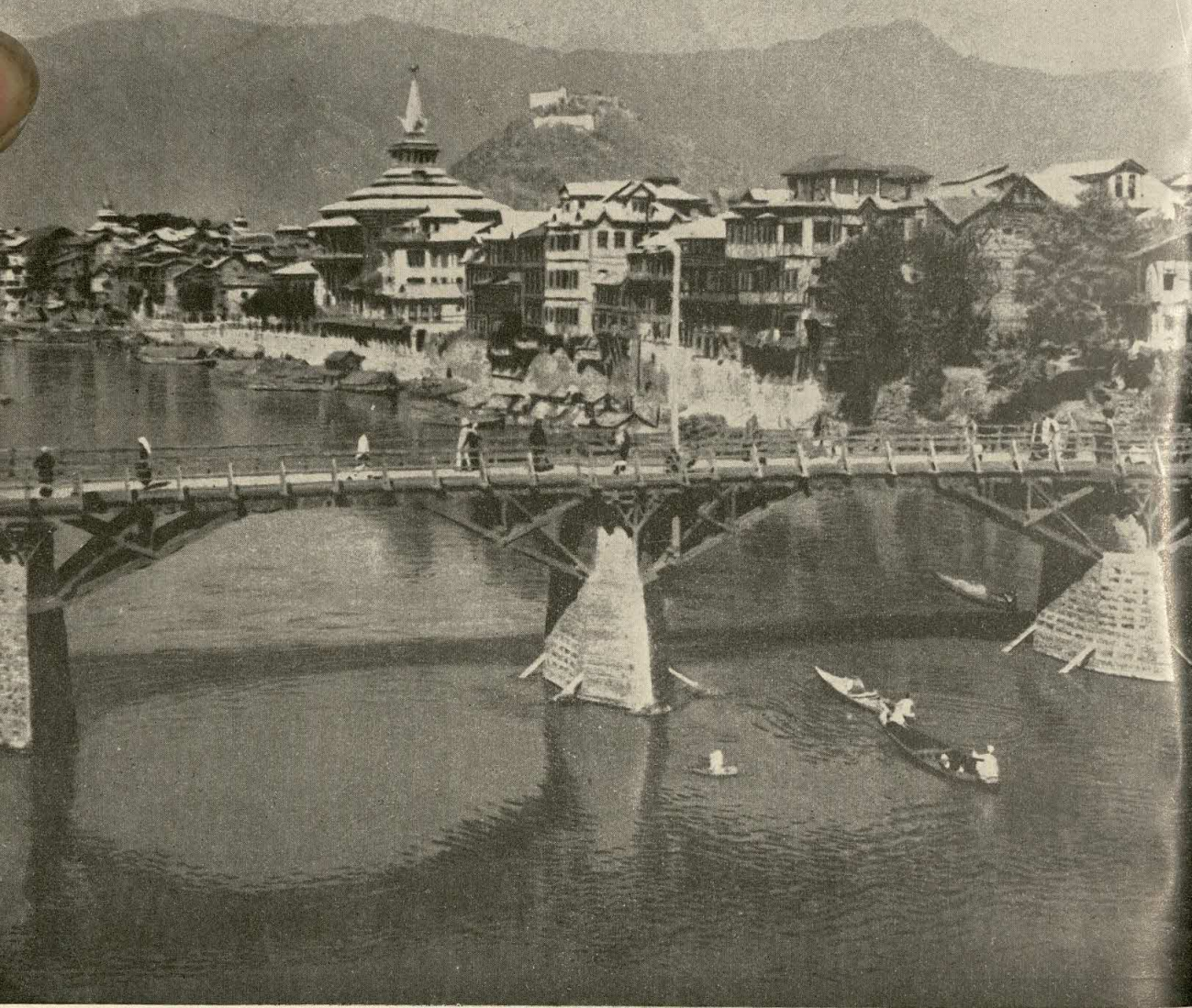


A view of Baramula town  
and the Jhelum

जेहलम तथा बारामूला नगर का एक  
दृश्य

بارہ مولائی آبادی اور دریائے جہلم کا نظارہ



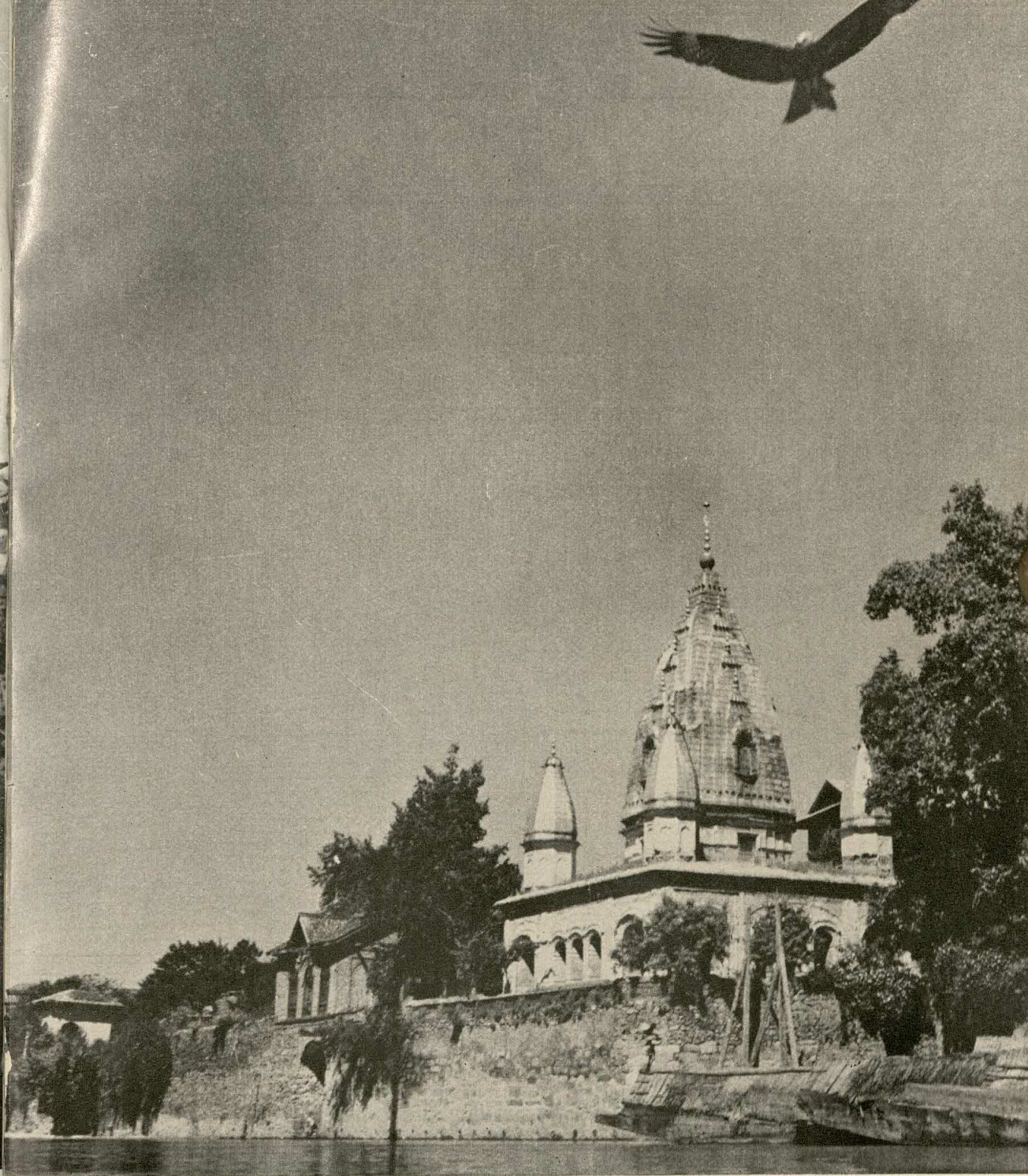


A view of Srinagar with the  
3rd Bridge in the fore-  
ground

श्रीनगर का एक दृश्य : सामने की  
ओर तीसरा पुल

سری نگر کا ایک منظر۔ سامنے تیسرا پل ہے





A temple on the bank of  
the Jhelum in Srinagar

श्रीनगर में जेहलम नदी के तट पर  
एक मन्दिर

میری نگر میں دریائے جہلم کے کنارے ایک مندر





Friday prayers at the  
Hazratbal mosque near  
Srinagar

श्रीनगर में हज़रतबल मस्जिद के  
समीप जुमे की नमाज़

سری نگر کے قریب مسجد  
حضرت بل میں جمعہ کی نماز





A bazar scene in Leh, the  
chief town of Ladakh

लद्दाख के मुख्य नगर लेह में बाज़ार  
का एक दृश्य

لداخ کے شہر لیہ کا ایک بازار





A view of Hemis Gumpa

हेमिस गुम्पा का एक दृश्य

ہمیس گپا کا ایک نظارہ





The town of Baramula in  
winter

शीत-ऋतु में बारामूला नगर

سرديوں میں بارہ مولا کا منظر





A bulldozer clearing snow  
on the Banihal pass

बुलडोजर द्वारा बनिहाल-घाटी में  
बर्फ हटाई जा रही है।

درهٔ بانیال پر ایک بُل ڈوزر برف ہٹا رہی ہے





Vehicles at Qazigund at the foot of the pass waiting for the road to clear

रास्ता साफ होने की प्रतीक्षा करती हुई दर्रे की तलहटी में स्थित काजीगुंड में गाड़ियाँ

درهٔ باہنہال کے نیچے قاضی گنڈ میں لاریاں راستہ صاف ہونے کا انتظار کر رہی ہیں





An embroiderer at work

कशीदाकारी करता हुआ कारीगर

ایک کشیدہ کاراپتے کام میں مصروف





Embroidering a shawl with  
beautiful patterns

शल पर सुनर नमूनों की कढ़ाई

ایک شال پر خوب صورت  
کشیدہ کاری کی جا رہی ہے





Papier-mache designers at work

پپر مے شی کی و سٹو اُن ب نا تے ه ُ ا  
کارو گر

پپر مے شی کی چیزوں پر خوبصورت  
نقاشی کی جا رہی ہے





Silverware chased with  
artistic designs

कलात्मक नमूनों से सजे हुए चांदी के  
बर्तन

چاندی کے نقشین برتن





Wood-carvers at work

लकड़ी पर नक्काशी करते हुए  
कारिगर

لکڑی کی کھدائی کا کام





Filature in the Government  
Silk Factory at Srinagar.  
Silk being drawn from  
cocoons.

श्रीनगर स्थित रेशम के कारखाने  
का एक दृश्य । रेशम के कोए से  
रेशम निकाला जा रहा है ।

سری نگر میں گورنمنٹ سلک فیکٹری  
کو یوں سے ریشم نکالا جا رہا ہے



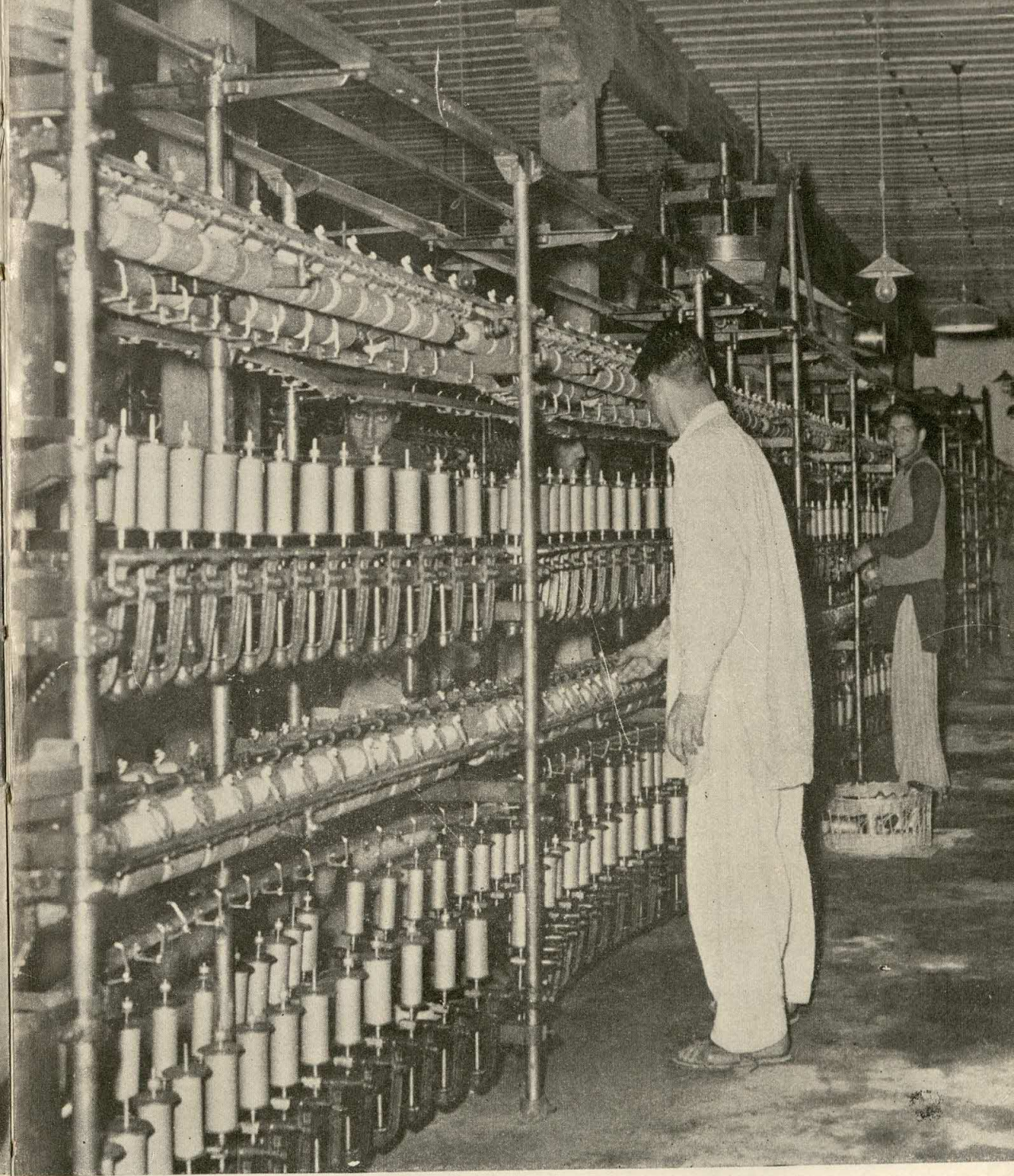


In the Silk Factory at Srinagar. Preparing skeins from reeled yarn.

श्रीनगर में रेशम का कारखाना ।  
कते हुए धागे की लच्छियां बनाई  
जा रही हैं ।

سری نگر کی سلک فیکٹری میں ریشم کے  
دھاگوں کے پچھے تیار کئے جا رہے ہیں



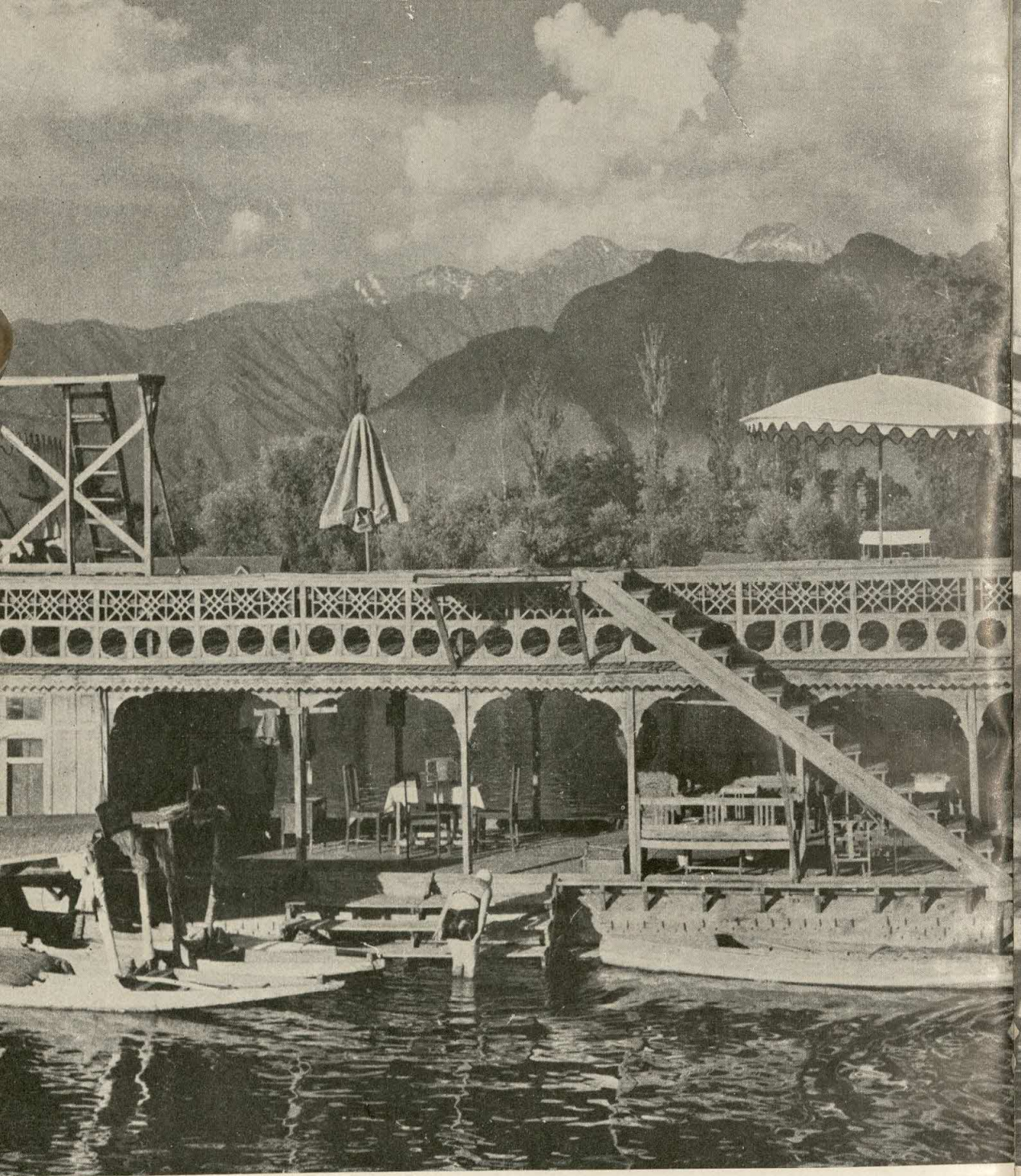


In the Silk Weaving Factory  
at Srinagar. A spinning  
machine at work.

श्रीनगर में रेशम की बुनाई का  
कारखाना। कातने की मशीन चालू  
है।

سری نگر کی سلک فیکٹری میں  
مشین دھاگہ تیار کر رہی ہے





A swimming boat in the  
Nagin Lake

नगीन झील पर तरारी की एक  
नाव

جھلنگین میں ایک سوئمنگ بوٹ





The boat club on the Dal

डल झील पर बोट-क्लब

ڈل میں بٹ کلب





Surf-riding on the Nagin lake

नगीन झील पर जल-क्रीड़ा

جھیل نگین میں سرفٹ رائیڈنگ





Skiers at Gulmarg

गुलमर्ग में स्की करनेवाले

گُلِ مرگ میں برت کے کھلاڑی





Skiers practising at  
Gulmarg

गुलमर्ग में स्की का अभ्यास करते  
हुए

کھلاڑی نکل مرگ میں برف پر  
پہلے کی مشق کر رہے ہیں



